

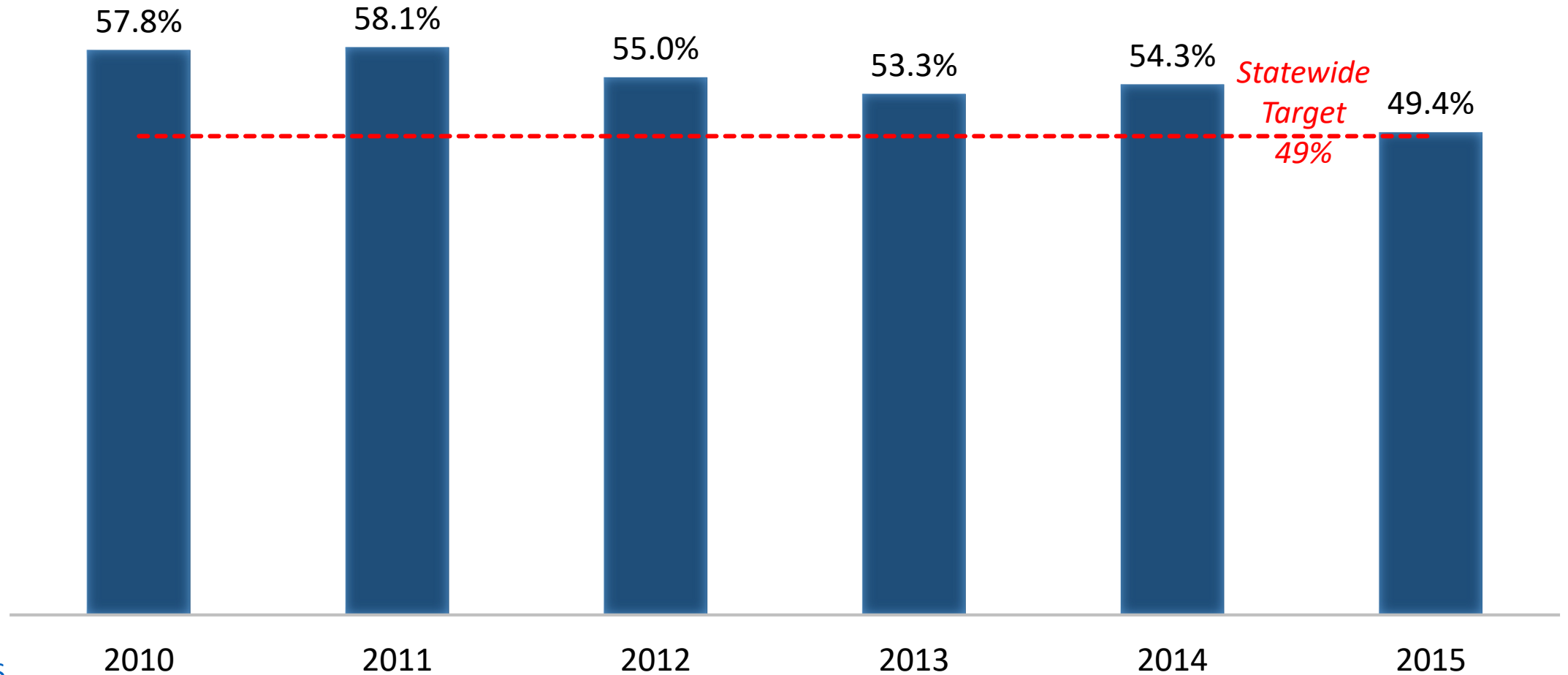
Results Review

Reducing Recidivism by Increasing Resilience

February 26, 2020

Opening Remarks

YOUTH FOUND GUILTY OF AN OFFENSE WITHIN 18 MONTHS



Source: [DSHS
Rehabilitation
Administration](#)



BRAIN DEVELOPMENT: THE NEUROSCIENCE BEHIND YOUTH & YOUNG ADULTS

PRESENTED BY TERI BARILA

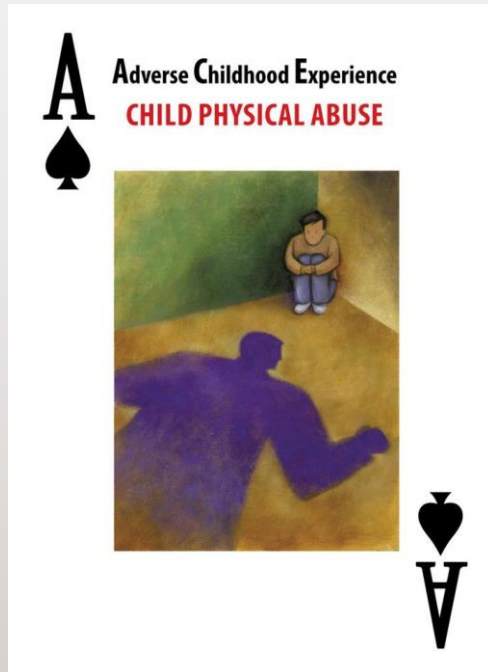


COMMUNITY
RESILIENCE INITIATIVE

♥ Resilience TRUMPS ACEs® ♠



We Are Shaped By Our Experiences



Early experiences are built into our bodies

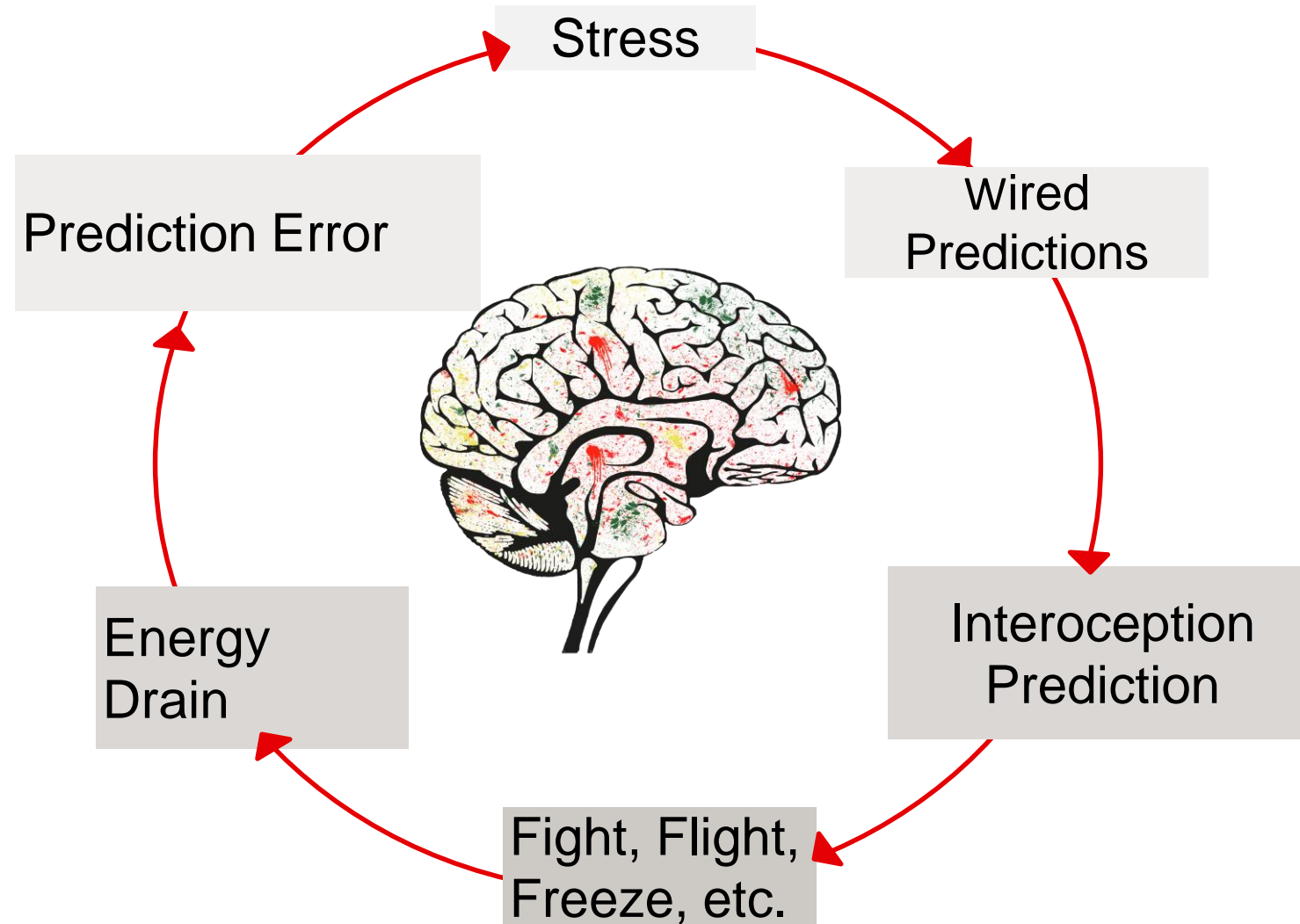
Sets the stage to be prepared for life in a dangerous world--

Or sets the stage for a safe and nurturing world

Patterns of behavior established



Threat Predictions



What Is Resilience?

The capacity to adapt positively to adverse events and emerge...

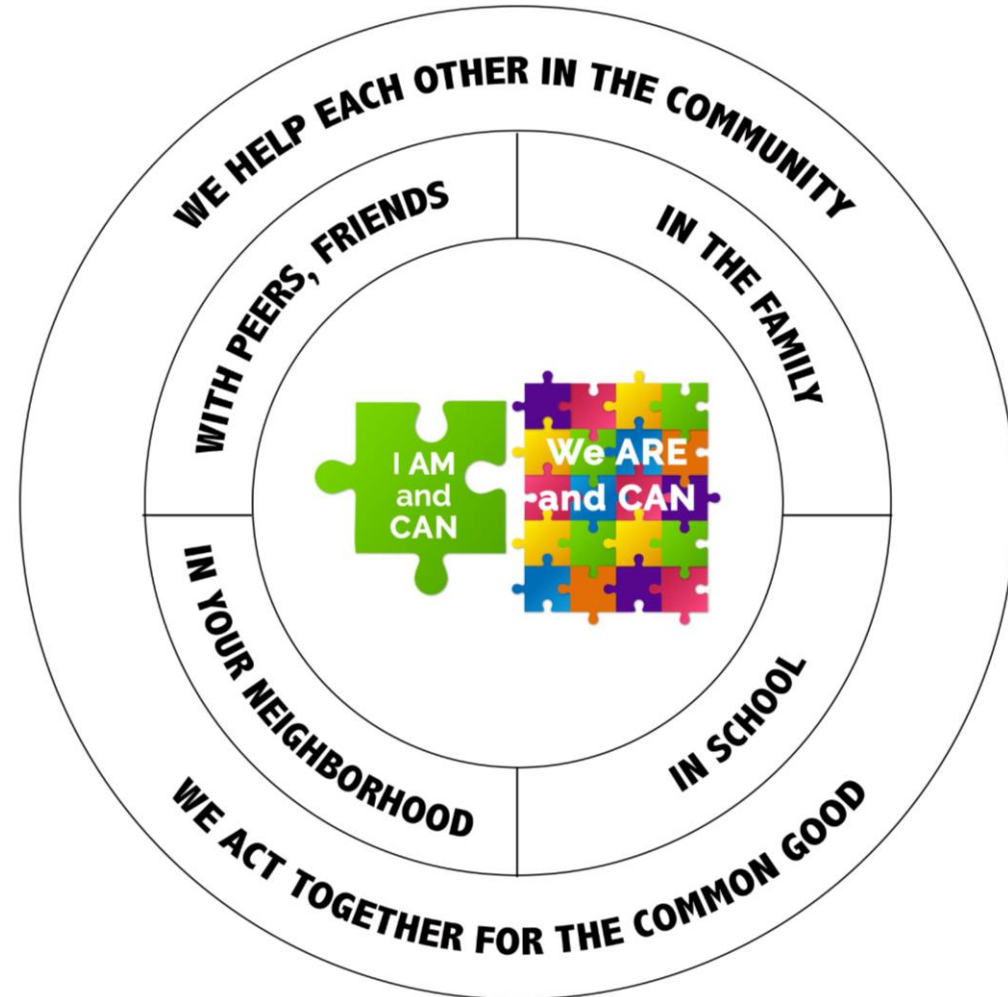
- ★ strengthened
- ★ with more life strategies and skills
- ★ more confident
- ★ more hopeful

Relationship, mastery, optimism, spirituality/mindfulness

Youth learn when modeled by adults across all social domains.

How Individual and Contextual Resilience are Related

I AM and CAN
because I HAVE
people that ARE and
CAN



Communities Thrive

Theory of Change:

Build adult capabilities and strengthen community that together form the environments of relationships





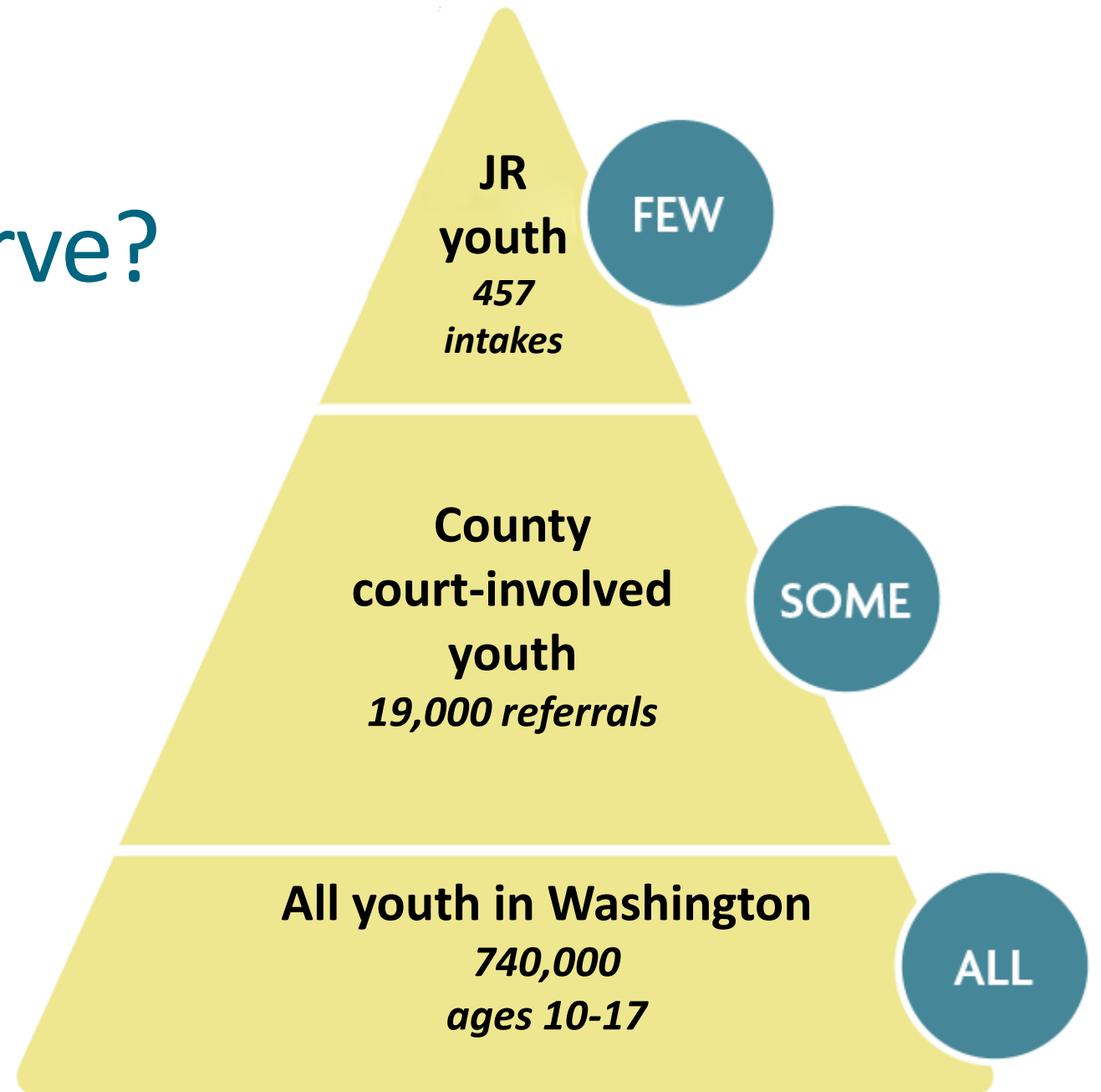
REDUCING RECIDIVISM BY INCREASING RESILIENCE

PRESENTED BY ROSS HUNTER, SECRETARY

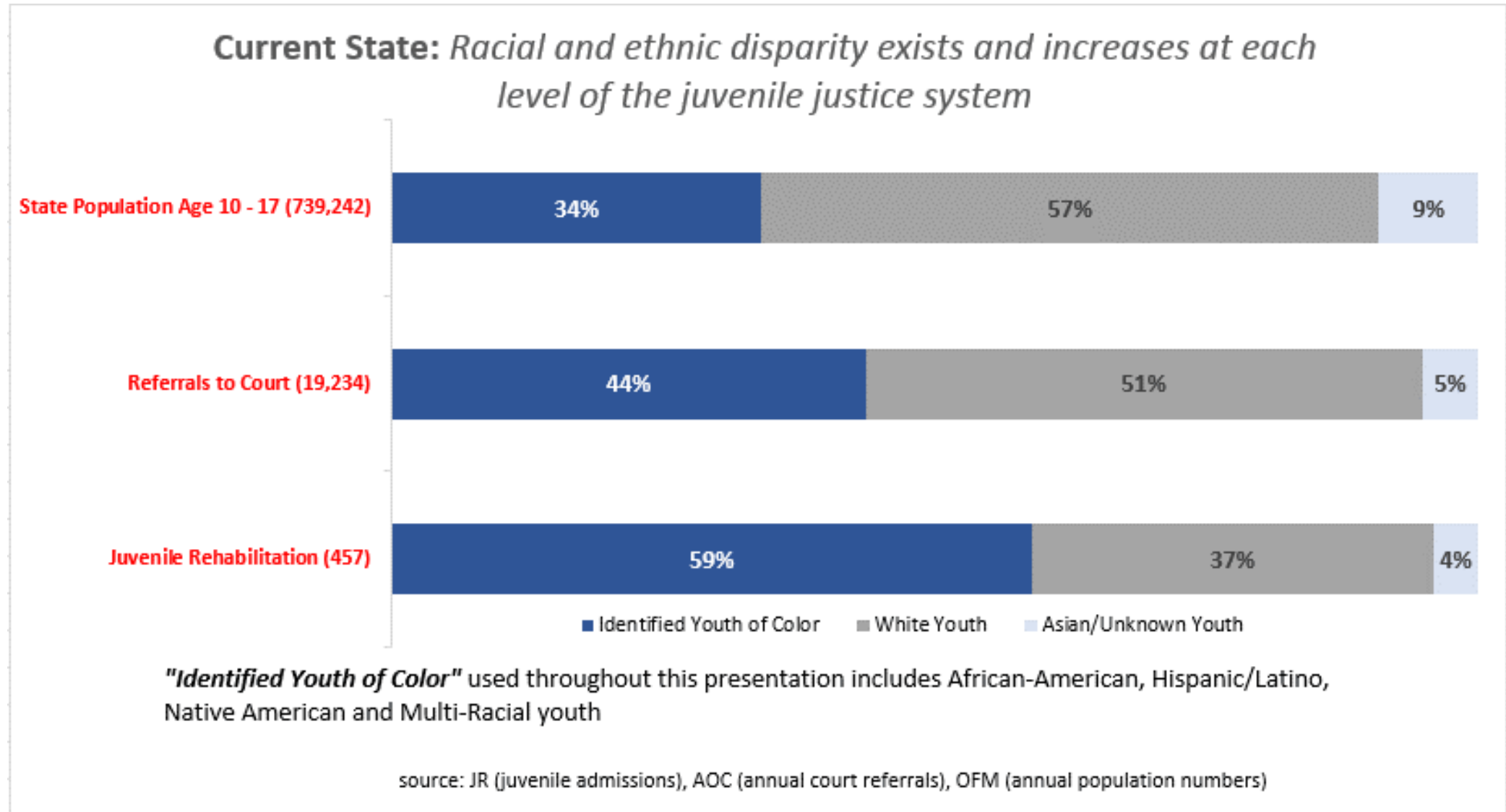


Washington State Department of
CHILDREN, YOUTH & FAMILIES

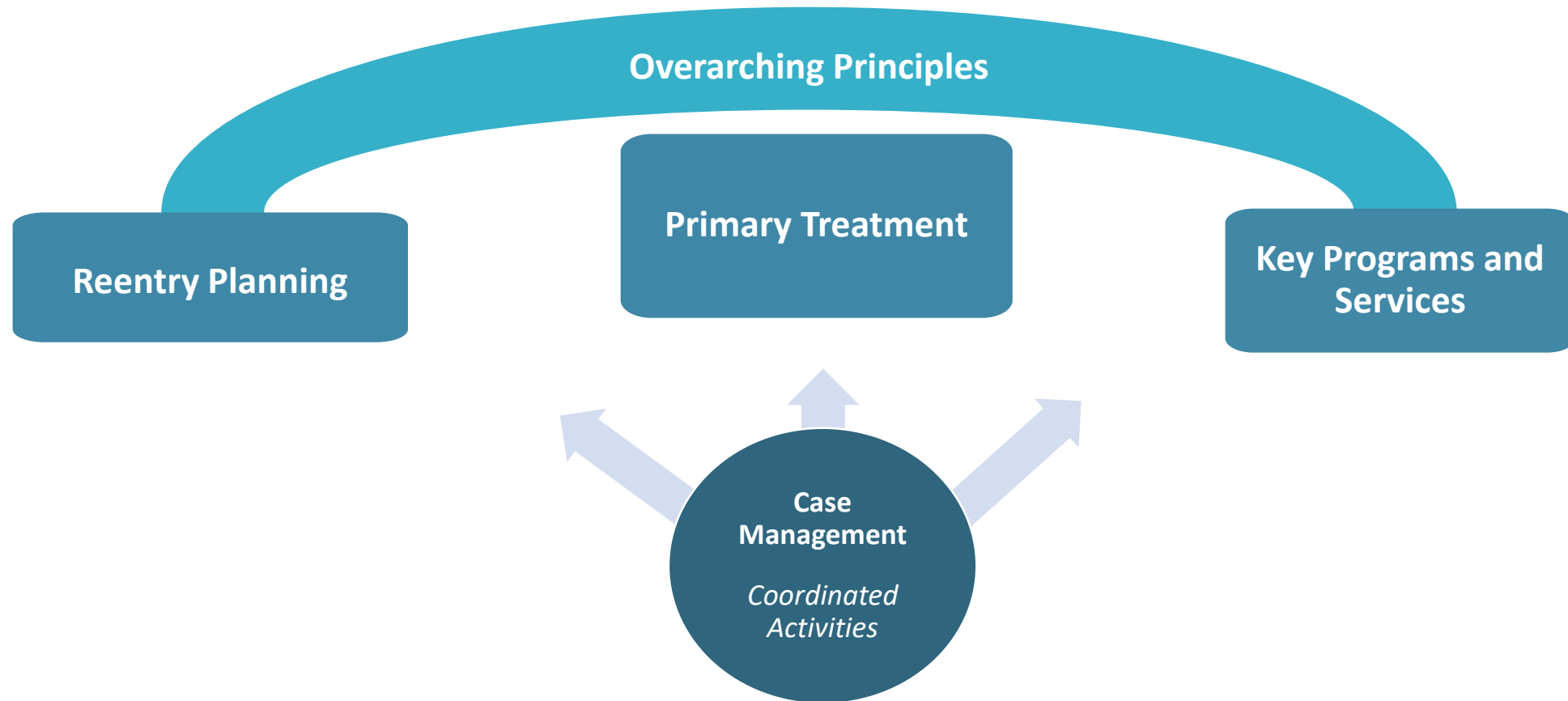
Who Does Juvenile Rehabilitation (JR) Serve?



Disparity as Youth Move Through the System

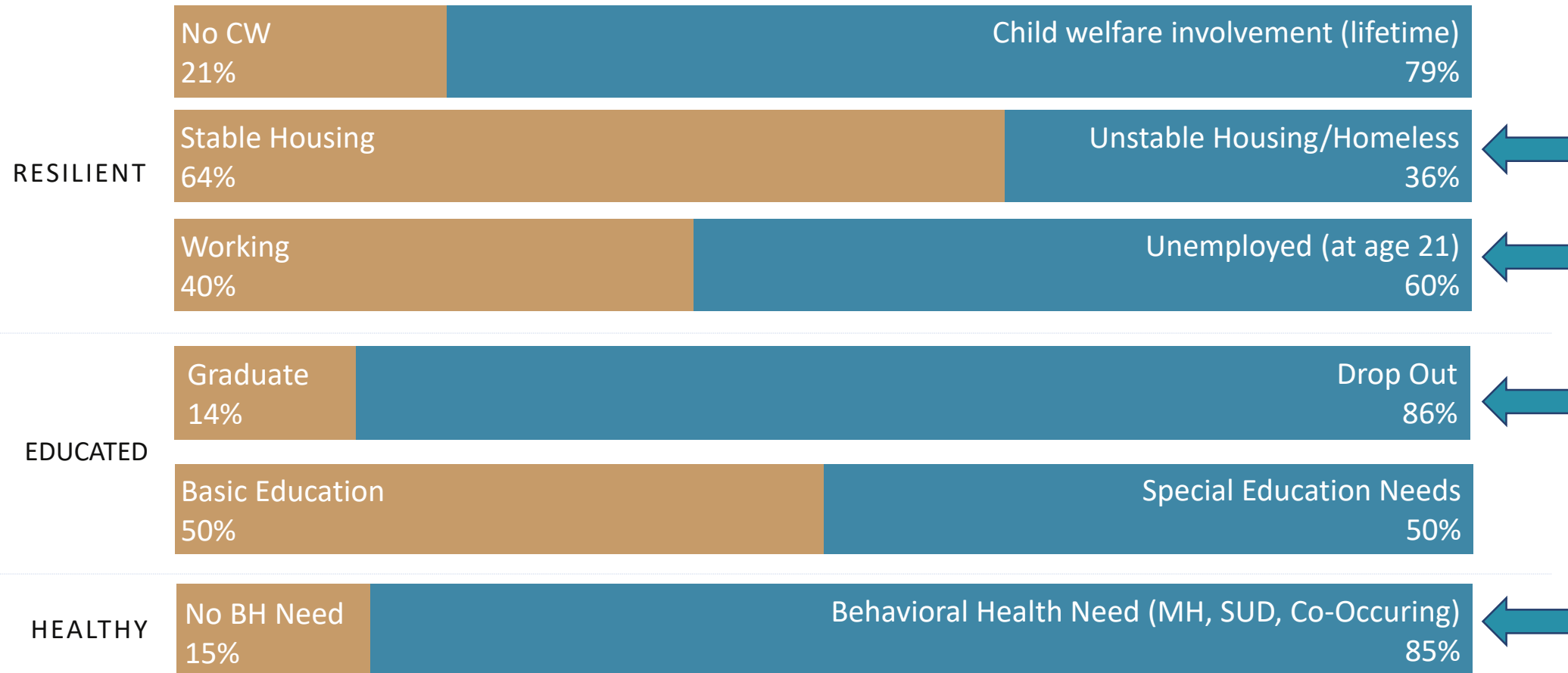


Rehabilitation Model



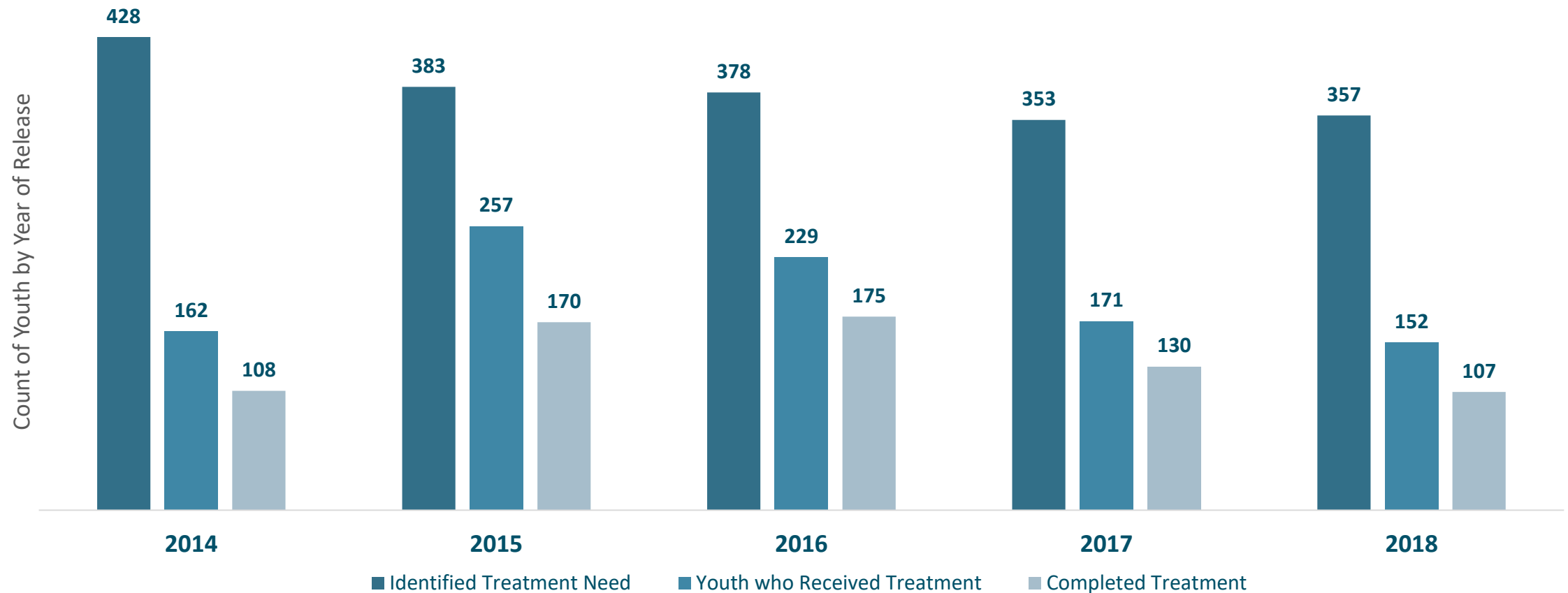
DCYF Strategic Priority: Create successful transitions into adulthood for youth and young adults in our care.

JR Youth Experience Many Complex Barriers



SOURCES: DSHS Juvenile Rehabilitation, DSHS Research and Data Analysis Division, *Center for Continuing Education and Research University of Washington, 2015 Population Query with Institution Principals*, Office of the Superintendent of Public Instruction, *Percentage of youth in WA with Special Education, OSPI Report Card 2014-2015*, Employment Security Department/LMEA; U.S. Bureau of Labor Statistics, *Current Population DSHS RDA Agency Performance Metrics, Percentage of youth served by DSHS who transition to employment at age 21*

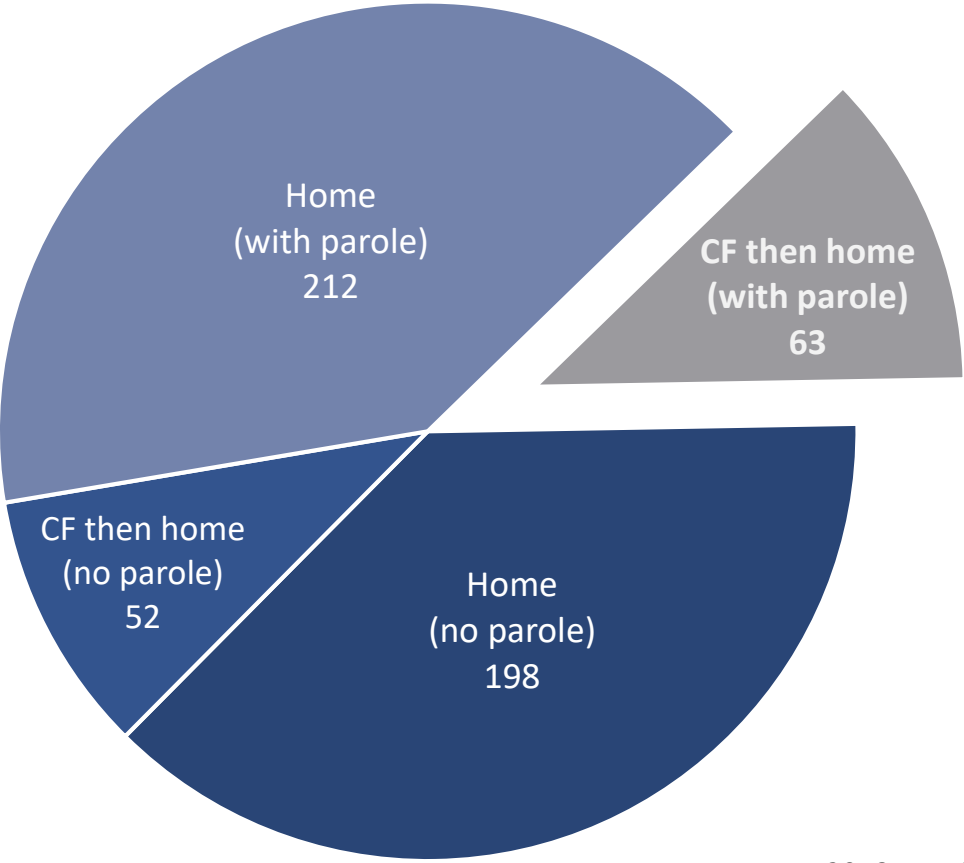
Treatment Access and Completion Among Youth with an Identified Substance Use Need



JR Source: Residential Substance Use Treatment Access in Juvenile Rehabilitation in Washington State Report, OIAA, September 2019

Access to Community Facilities and Parole Aftercare











Where JR Youth Released



FY2018. N=525

Goal: 100% of youth

Go to a CF and receive Parole Aftercare

Start	Step Down Option	Parole Aftercare once Home	%
Institution 	Community Facility (CF) 	Home with Parole 	12%
Institution 	Community Facility (CF) 	Home – No Parole 	10%
Institution 		Home with Parole 	40%
Institution 		Home – No Parole 	38%



Community and Social Supports for Well-Being and Effective Community Reentry



- Housing
- Non-traditional mentoring
- Community connections



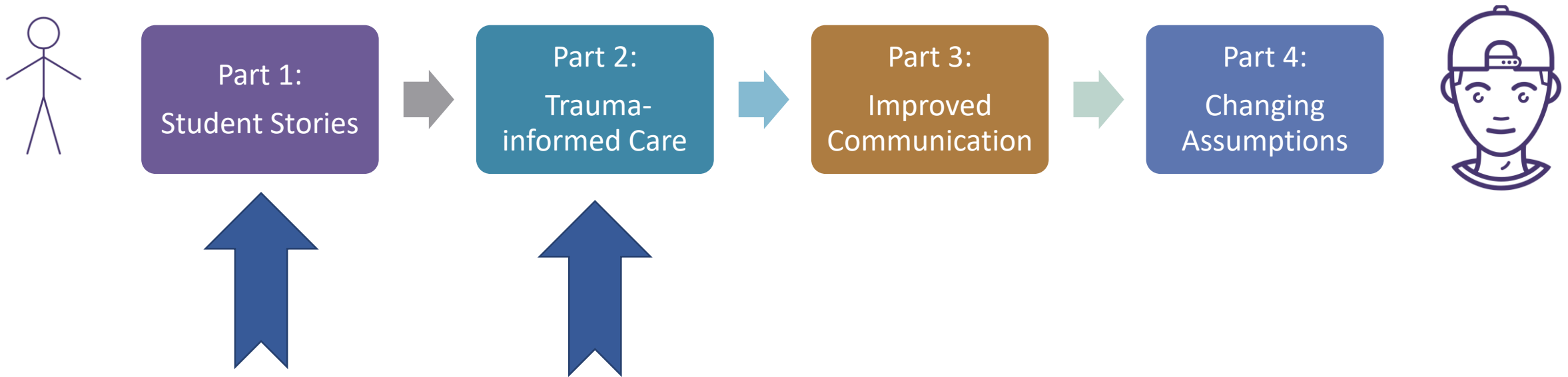


YOUTH-LED TRAINING ON TRAUMA

LEAD BY CHRISTIAN & AARON
GREEN HILL SCHOOL YOUTH COUNCIL MEMBERS

Proposal for Four-Part Training for Adults, By Youth

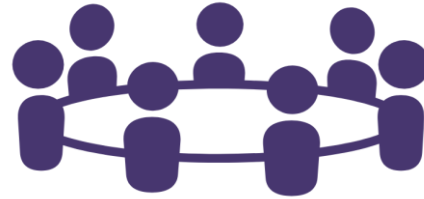
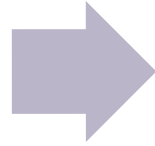
- The purpose of training is to humanize and further improve communication and understanding between staff and residents.



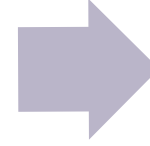
Part One – Student Stories



Residents share part of their personal story and background, and ask staff to share their own stories.

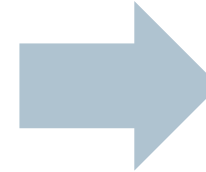
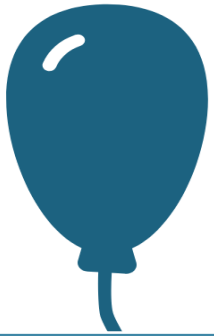


Staff and residents gather at tables to tell their stories, including childhood traumas that might affect them as adults.



Staff and residents debrief, look for connections and show that everyone has experienced some form of trauma.

Part Two – Trauma-Informed Care



A student does a trauma-informed demonstration (while blowing up a balloon) and telling about how pressure has shown up in his life.

Then participants review a handout about Trauma-Informed Care by Dr. Isaiah Pickens.

Participants watch TED Talk video on the [effects of traumatic experiences](#).

Staff read about ACEs and Resiliency.

Staff can follow up on their own if they want to further investigate their own level of traumatic experiences.



Governor Q&A



Vera INSTITUTE
OF JUSTICE

BRIAN WALSH
SENIOR PROGRAM ASSOCIATE
VERA INSTITUTE OF JUSTICE

Guided Pathways to Successfully Launching Young People

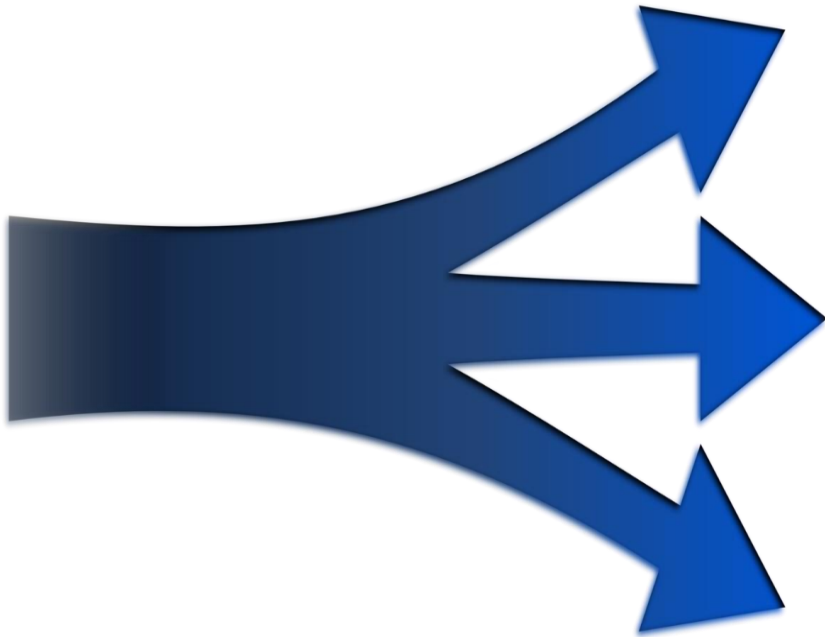
Education

- High School completion
- Postsecondary degrees and certificates

Pre-Employment

- Apprenticeships
- Work-based learning
- Vocational programs
- Certifications

Employment





LYNN STRICKLAND, EXECUTIVE DIRECTOR
AEROSPACE JOINT
APPRENTICESHIP COMMITTEE

Aerospace Joint Apprenticeship Committee (AJAC)



Partnerships

- JR DCYF
- Bates Technical College
- PacMtn WDC

Education

- 3 High School credits
- 32 college credits

Training

- 12 week business internship
- Skill Application
- Industry experience

LaDonte
"Redemption & Resilience"



995 Certifications – 5.5 average per youth



Occupational Training





CHERYL FAMBLES, CEO
PACIFIC MOUNTAIN
WORKFORCE DEVELOPMENT COUNCIL

Pacific Mountain Workforce Development Council

MyJOB (My Journey Out Beyond)



Job Readiness = Living Wage Job

- 60% of students receive 40 hours of classroom instruction
- High school credits earned
- Career exploration
- Workforce customized plans
- Work-based learning experience



Business speaker event at Oakridge Community Facility



FROM JR TO THE WORKFORCE

A PERSONAL STORY BY DIONTAE

The Journey to the Workforce

- Graduate from High School
- Graduate of Manufacturing Academy
- MyJOB student
- Workforce experience
- Employment hurdles
- **Goals** ➡ **Career**





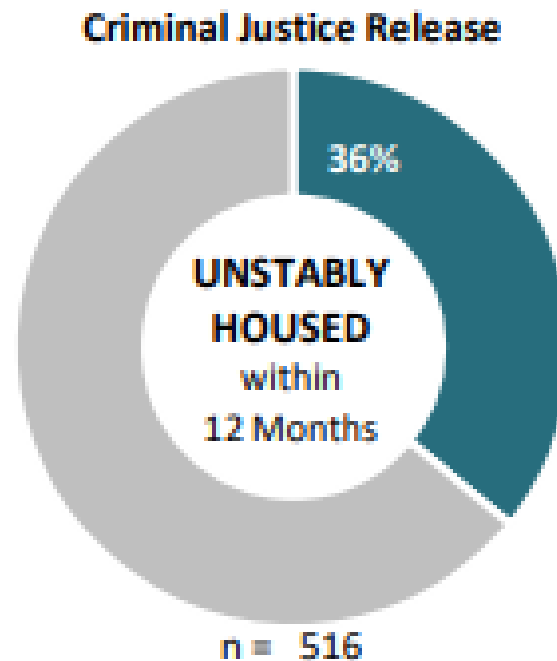
Governor Q&A



KIM JUSTICE, EXECUTIVE DIRECTOR
OFFICE OF HOMELESS YOUTH

Reviewing data

36% of young people released from the justice system are unstably housed within a year from release.

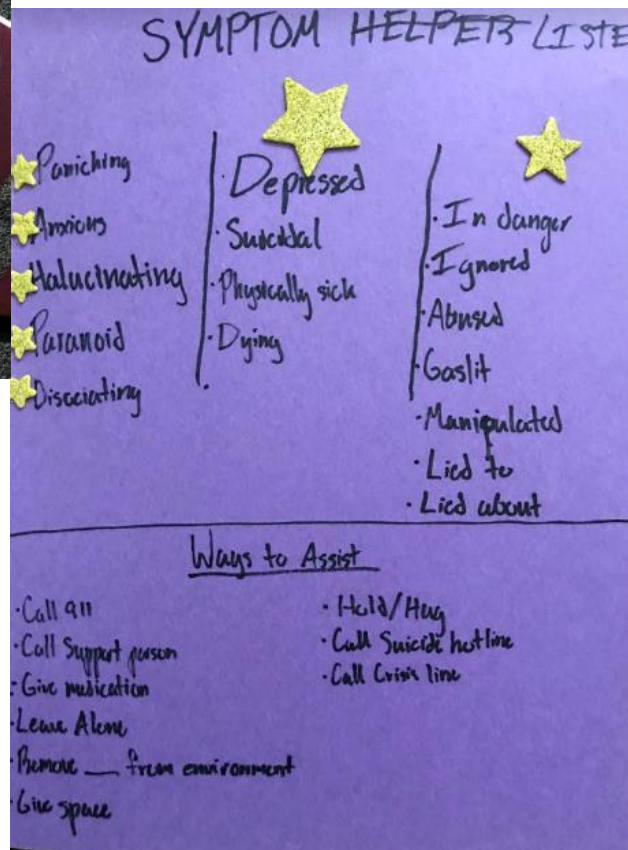


Barriers to stable housing

- Family may not allow a return home
- Can't sign lease when you're under 18 years old
- Housing may be denied due to juvenile/criminal record
- Lack of rental history
- No disposable cash
- Can't afford own place



Co-design sessions with young people

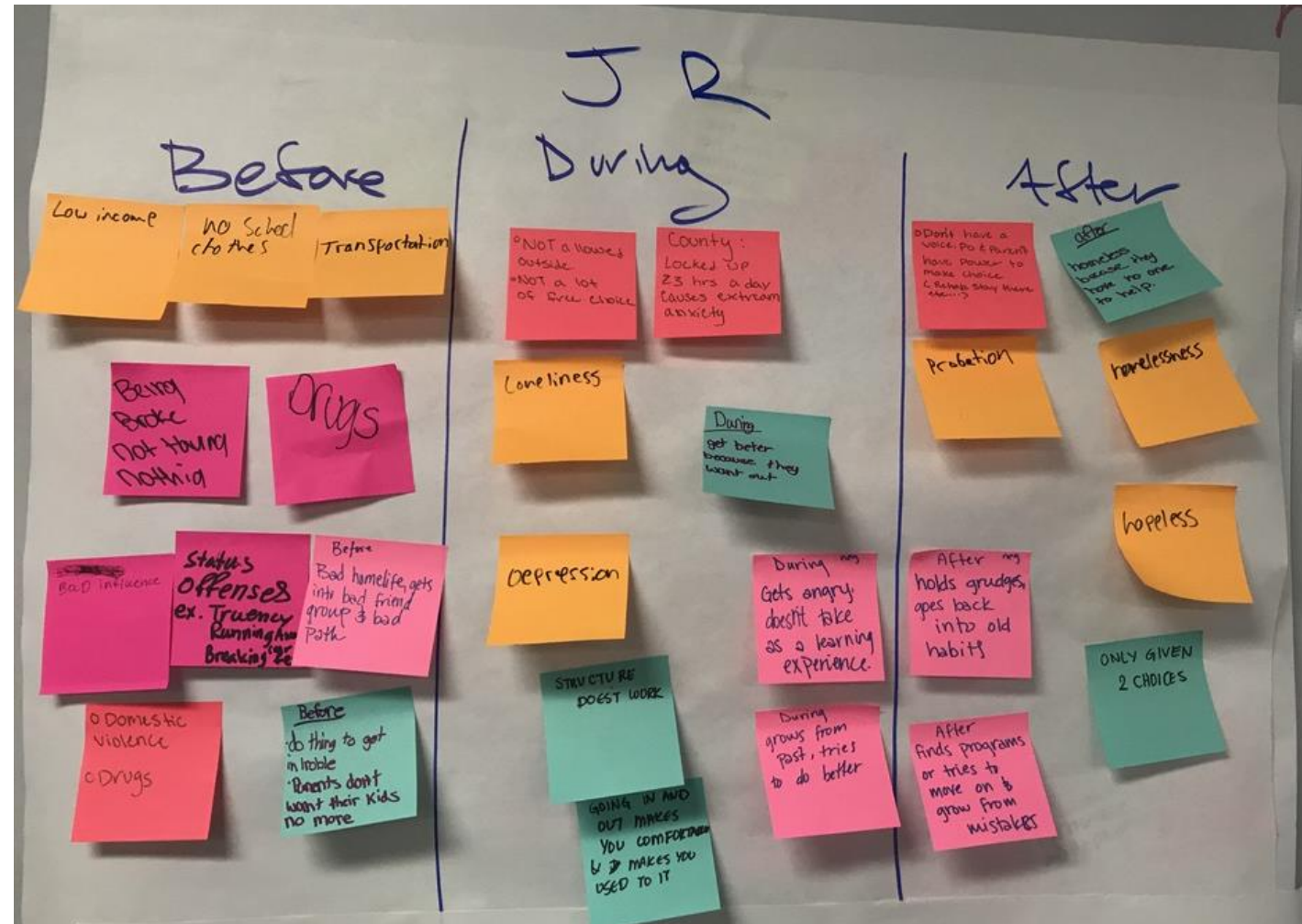


What's needed:

1. Effective Transitions from Care

2. Community Connections

3. Housing



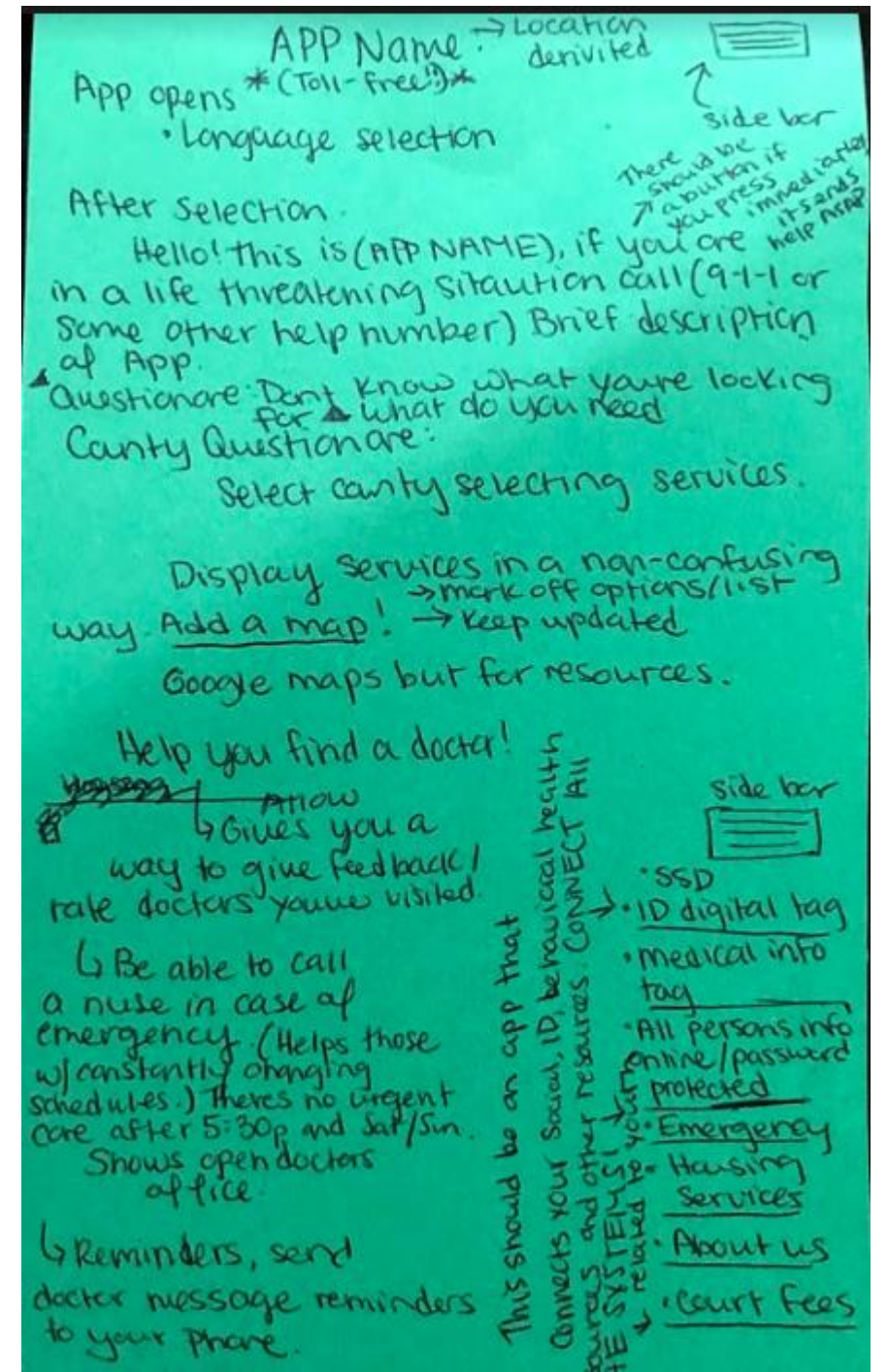
Effective Transitions from Care

- Family inclusion
- Adulting skills
- Youth centered transition planning
- Peer mentor
- Housing navigation support
- Expand community facility capacity
- Behavioral health support



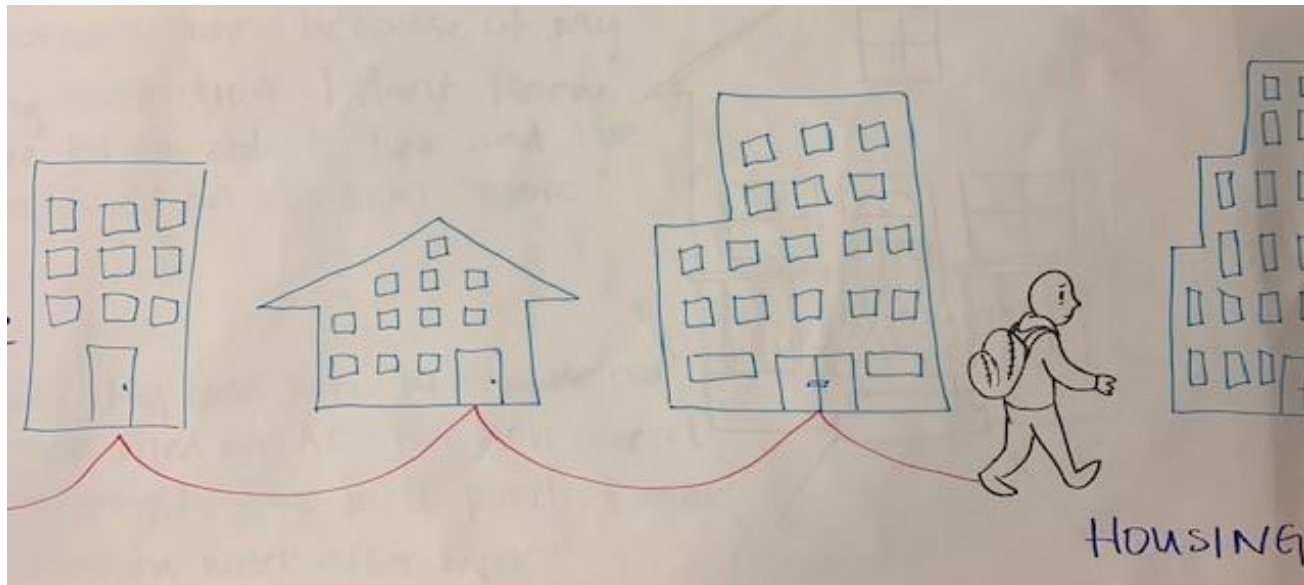
Community Connections

- **Partnerships** with state agencies, tribes, counties, and community-based providers
- **Connections** to housing navigation, basic needs support, coaching, family engagement, employment and education support, and other services that promote stability and success.



Housing

- **Transitional housing** for 16-17 year olds designed to help youth make a successful transition to stable living.
- Expanded **master leasing programs** for young adults with support to maintain their housing and achieve education and employment goals.





HOUSING & SUPPORT FOR SYSTEM GAPS IMPACTING YOUTH

DOMINIQUE DAVIS,
CHIEF EXECUTIVE OFFICER
COMMUNITY PASSAGEWAYS



Governor Q&A

Closing