# Leveraging Lean to address Equity & Disparities in Public Health



Bonnie Jacobson, MSW & Jonathan Sears, MPH California Department of Public Health October 26, 2023

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## Your Speakers



Bonnie Jacobson, MSW Lean Transformation Officer Lean Transformation Office, CDPH



Jonathan Sears, MPH
Senior Lean Specialist
Lean Transformation Office



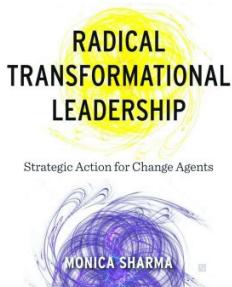


# Inspired by Dr. Monica Sharma, Former director of United Nations Leadership Development

Radical transformational leadership is leading change from the universal values of dignity, equity, compassion and humility to transform self, people, systems and cultures towards equity, antiracism, and sustainable results.

**Dignity • Equity • Compassion • Humility** 





https://www.radicallytransform.org/



# Governor's Executive Order

### Issued September 13, 2022

### EXECUTIVE DEPARTMENT STATE OF CALIFORNIA

#### **EXECUTIVE ORDER N-16-22**

WHEREAS California is the largest and most diverse state in the nation, shaped by the contributions of all its residents, including California Native Americans, communities of color, immigrants, and descendants of immigrants who call our golden state home, and welcomes all people to pursue bold dreams and renews the California dream for every new generation; and

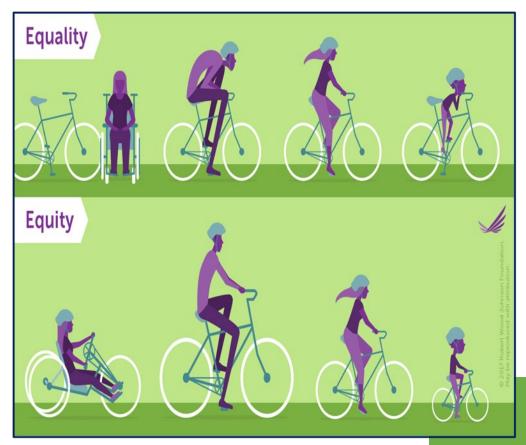
**WHEREAS** California has a strong history of fighting for freedom and civil rights for all people; and

WHEREAS California leads the nation in confronting the climate crisis and building community resilience through equity and opportunity, including supporting communities that experience the greatest social and health inequities from climate change; and

WHEREAS California continues to march towards equality and to address our nation's and our State's historical wrongs, including through recognition of gay marriage in San Francisco; placing a moratorium on the death penalty in California; advancing immigrant equity and inclusion; protecting access to reproductive health care; compensating survivors of state-sponsored sterilization; ending sub-minimum wage employment; and recently forming the Truth and Healing Council and the Reparations Task Force; and

WHEREAS California has also demonstrated a fundamental commitment to prosperity and opportunity for all, including, but not limited to, advancing policies around health care for all; historic financial investments to advance educational equity; age-friendly communities; actions to further gender equity with the leadership of the First Partner; and the creation of a State Chief Equity Officer to provide statewide leadership and consultation on diversity, equity, inclusion, and accessibility regarding state operations, procurement, information technology, and human resources; and

**WHEREAS** the State has invested to improve language access across the spectrum of health and human services programs, and to increase participation of Californians who are non-English or limited-English speakers in California's





### The Future of Public Health in California

Renewed investment in the public health system to prepare the state of California and its residents for a healthier future.

Communi-Chronic Environ-Maternal. Access to Disease and mental and Linkage cable Child, and Behavioral Disease Injury Public Family with Clinical Health Control Prevention Health Health Programs Care

Foundational governmental public health services



Workforce development, recruitment, and training: Capacity and ability to recruit, retain, and develop a diverse workforce



**Emergency preparedness and response:** Capacity to respond to emergencies of all kinds, from natural disasters to infectious disease outbreaks to bioterrorism



IT, data science, and informatics: Ability to track, derive insights, and take action based on community health data



**Public education, engagement, and behavior change:** Ability to effectively communicate to diverse public audiences with timely, science-based information



**Community Partnership:** Ability to harness, work with, and lead community stakeholders and to create multisector collaborations to address public health and health equity issues



Community Health Improvement: Ability to scale public health from health promotion to a comprehensive community health strategy that emphasizes life course approaches, equity and prevention

Foundational principle

Performance management: Ensuring equity, efficiency, and effectiveness

Source:: https://www.cdph.ca.gov/Programs/DO/CDPH%20Document%20Library/Future-of-Public-Health-Memo.pdf



### Lean Transformation Begins...



### **PublicHealth Transformation**

"Becoming the Best at Getting Better"

#### MISSION

To advance the health and well-being of California's diverse people and communities.

#### LEAN LEADERSHIP PHILOSOPHY

#### LEAN CORE VALUES

- Respect for People
- Continuous Improvement

#### RESPECT FOR PEOPLE STARTS WITH UNIVERSAL VALUES

- Humility
- Compassion



#### BECOME A LEARNING, HEALING, IMPACTFUL ORGANIZATION

- Deploy lean with Objectives and Key Results
- Promote equity, antiracism, and health equit



#### DEVELOP OUR PEOPLE

- · Ensure core public health competencies
- Support personal professional development



#### TACKLE KEY PUBLIC HEALTH CHALLENGES

- · Future of Public Health Initiative
- · Behavioral health promotion (esp. youth)
- Community and Population Health Improvement
- Emergency readiness and pandemic recovery
- · Climate action and community resilience



Healthy communities with thriving families and individuals.

























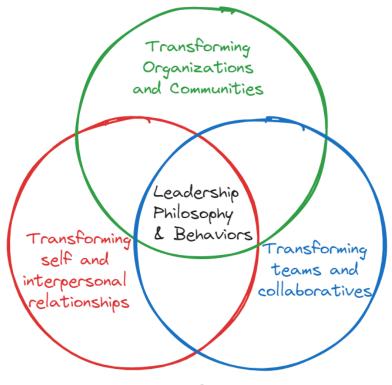


### Establishing the CDPH Way

The CDPH Way - "Becoming the best at getting better."

### OBJECTIVES:

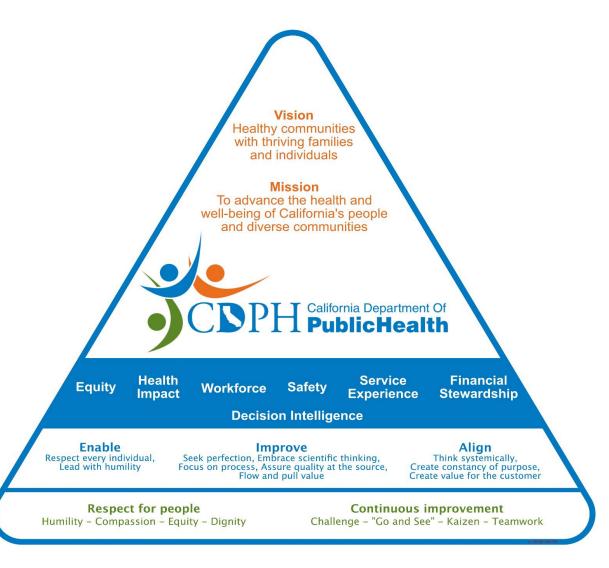
- 1 Become a learning, healing, and impactful organization.
- 2 Develop our people.
- 3 Tackle key public health challenges.



theory of change



### Lean True North Compass



#### **Enterprise Alignment**

Create Value for the Customer Create Constancy of Purpose Think Systemically

#### **Continuous Improvement**

Assure Quality at the Source • Improve Flow & Pull Seek Perfection • Embrace ScientificThinking • Focus on Process

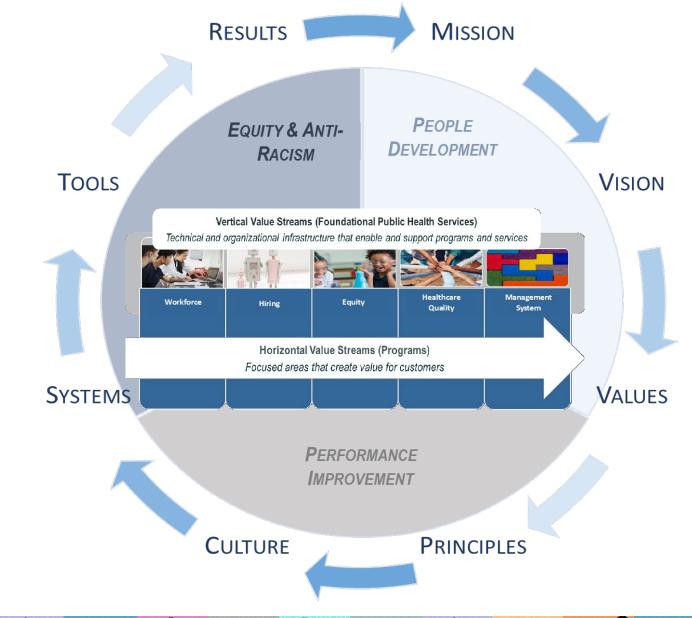
#### **Cultural Enablers**

Respect Every Individual • Lead with Humility

**GUIDING PRINCIPLES** 

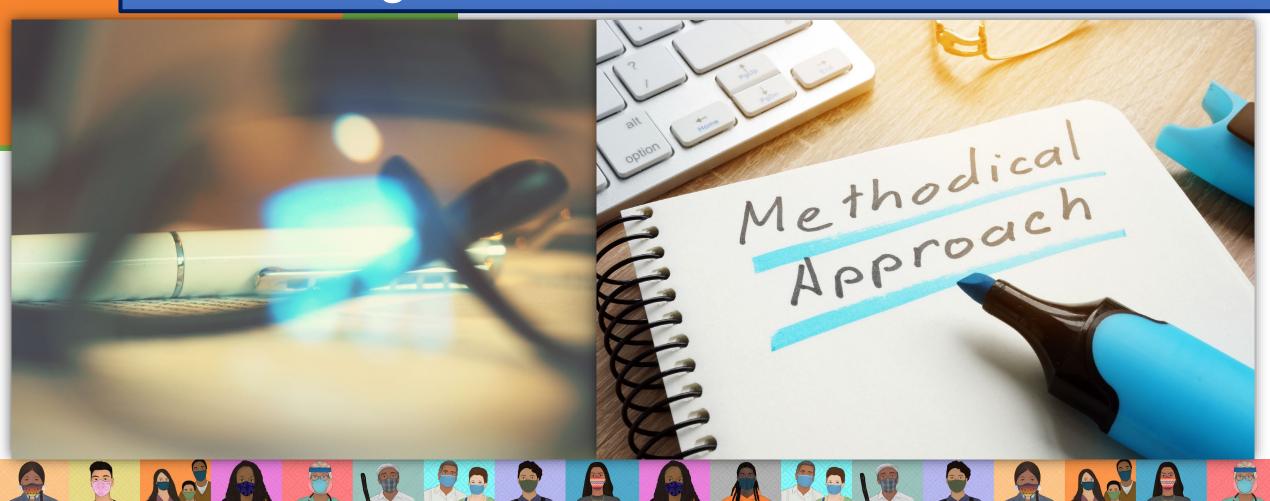


# How is Lean Applied?



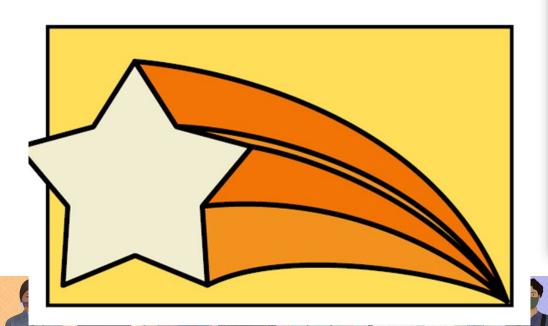


# The Strategic A3s



# Developing our People

Collaborative effort between Leadership from OPDE, HRD and the Director's Office



### A3 Target Statements/ Measures (OKR Objectives+Key Results):

Proposed countermeasures ("If we do then we expect")											
#	If we do		then we expect								
1	Develop a com	prehensive people development system	To have clarity and consensus on core public health competencies								
	aligned with th	e national tiered public health	and professional development for each position classification								
	competencies										
	<ul> <li>As evidenced</li> </ul>	Target Condition: CDF	PH staff and managers								
	As measured			eir job well (STAY surve							
	As measured	have the core public	health competencies	b well (STAY survey)							
2	Develop train	thoy need to meet or	t training to address								
	competencys	they need to meet d	need to meet complex public health								
	and mandato	challenges and fee	supported in their								
	evidenced by										
	2023.	development with	a clear career path.								
3	Managers sur	•		erm this will allow for							
	their day-to-d	[Nine Di	omains] hevels								
L	development										
		by % of staff and managers have participated in at least 1 training or professional development active the last year (STAY sympty)									
		CDPH within the last year (STAY survey) As measured by increase in s									
	• As measured by 50% of mana Domain 4: Health Equity at Survey.										
_											
4		time and desire to engage in workforce	To identify time to use for people development by managers and staff and reduce work burden and increase value recognition								
	development.	alue recognition									
	As measured by 70% of staff believe that their workload is reasonable for their role										
5	Staff and man	agers have a clear understanding of their	More quickly and efficiently respond in eme	rgency and reduce							
	career path.		burnout for people left behind to continue the	he work with fewer							
		staff resources									
	As measured	by reducing the 12-month average of number	of people departing CDPH each month								

# OPP & DO: Becoming a Learning Organization



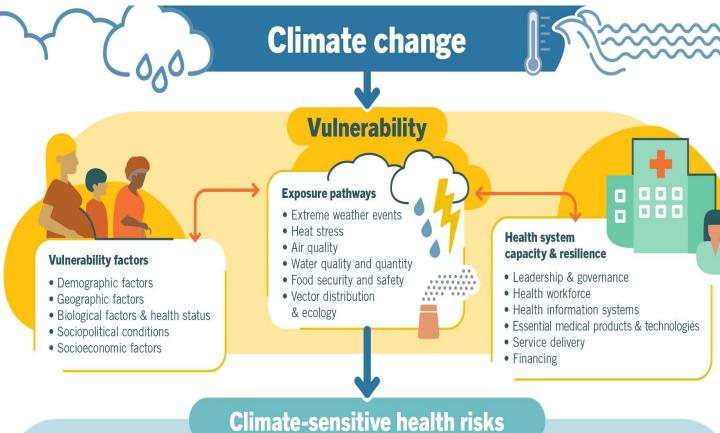
<u>Target Condition:</u> To transform CDPH into a learning organization comprised of 4000+ problem-solvers who consistently demonstrate Lean behaviors, methods and tools. This discipline builds a culture of trust, humility, respect, innovation, learning, psychological safety, and continuous improvement.

#	If we do	then we expect						
1	Broaden the change management and communications plan to reach a wider audience.	Engage more staff in Lean Transformation and lay down roots to create a stable Lean structure while creating additional opportunity for initiation of Lean work.						
2	Incubate the strategies that will create the greatest public health impact and support strategical priorities.	Leverage our financial resources to best meet the department's objectives and minimize opportunity cost.						
3	Clarify and communicate our standard systems of measurement	Create a language of objectives and a habit of consistent measurement of key results that roll up to strategic objectives as set by the directorate, including a measurement of how the improvement work effects equity priorities.						
4	Strengthen the roots of the Lean Transformation through expanded visual management	Build a sustainable Lean framework that will withstand the winds of change.						
5	Deliver a formal and comprehensive education plan including Lean culture and leadership, which supports and expands a culture of safety.	Build Lean cultural strength and enablement through training and opportunities to implement what is learned in order to experience the power and effectiveness of Lean in all forms.						



# Effects of Climate Change on Public Health

- Clean air, safe drinking water, sufficient food supplies and secure shelter
- Increased risk of emerging infectious diseases
- Embed Health Equity into climate change programs
- Re-evaluate existing infrastructure for response capacity, and resiliency





and mortality





















**Health systems &** 

facilities outcomes

**Impacts** on healthcare

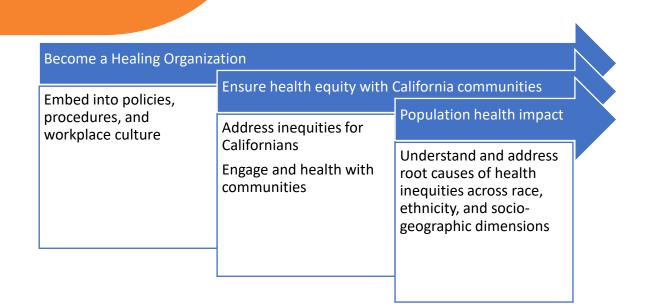


**Health outcomes** 

borne

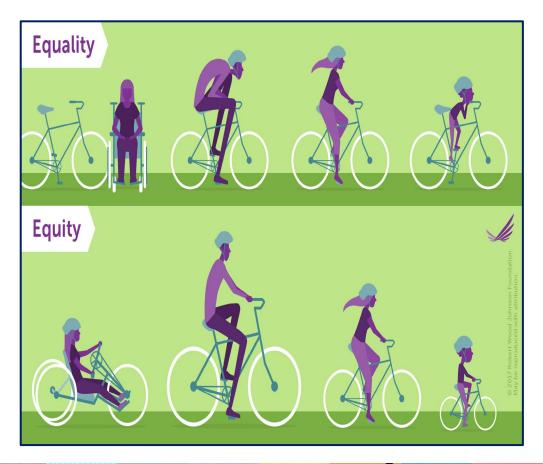
diseases (NCDs) diseases

### **Becoming a Healing Organization:** Racial/Ethnic and Geographic Health Inequities



CDPH is currently using Lean tools, management philosophy, and problem-solving approaches to advance health equity, trauma informed healing, and anti-racism in what is referred to as the HEART **A3** 

Source: CDPH Office of Health Equity

























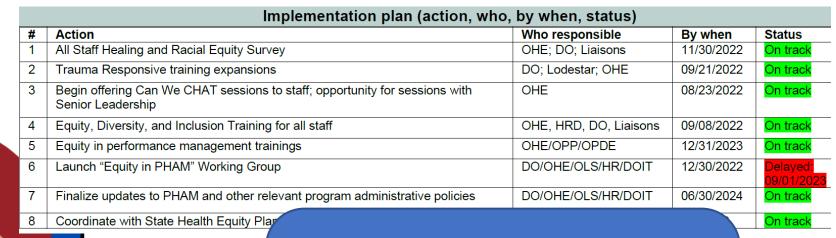








# Healing, Equity for all, Anti-Racism, Trauma Responsive Transformation - HEART



Target Condition: Transformation of CDPH into a Healing, Equitable, Anti-Racist and Trauma Responsive Organization by embedding health & racial equity and trauma-informed and healing supports into policies, procedures, and workplace culture.

### The Othering & Belonging Institute



Areas of Work

WE ALL BELONG IN THE CIRCLE OF HUMAN CONCERN

### Othering is the problem of our time. Belonging is the solution.

The Othering and Belonging Institute at UC Berkeley advances groundbreaking approaches to transforming structural marginalization and inequality. We are scholars, organizers, communicators, researchers, artists, and policymakers committed to building a world where all people belong.

READ MORE >

EMAIL SIGN UP >





#### **Our Story**



The Othering & Belonging Institute at the University of California, Berkeley advances groundbreaking research, policy, and ideas that examine and remediate the processes of exclusion, marginalization, and structural inequality—what we call othering-in order to build a world based on inclusion, fairness, justice, and care for the earth-what we call belonging.

The concept of belonging describes more than a feeling of inclusion or welcome. Its full power is as a strategic framework for addressing ongoing structural and systemic othering, made visible, for example, in the wide disparities in outcomes found across a variety of sectors and identity groups.

Belonging, as OBI defines it, means having a meaningful voice and the opportunity to participate in the design of political, social, and cultural structures that shape one's life -- the right to both contribute and make demands upon society and political institutions. At its core, structural belonging holds a radically inclusive vision because it requires mutual power, access, and opportunity among all groups and individuals within a shared container (such as a society, organization, club, etc).



Download a copy of the Othering & Belonging

































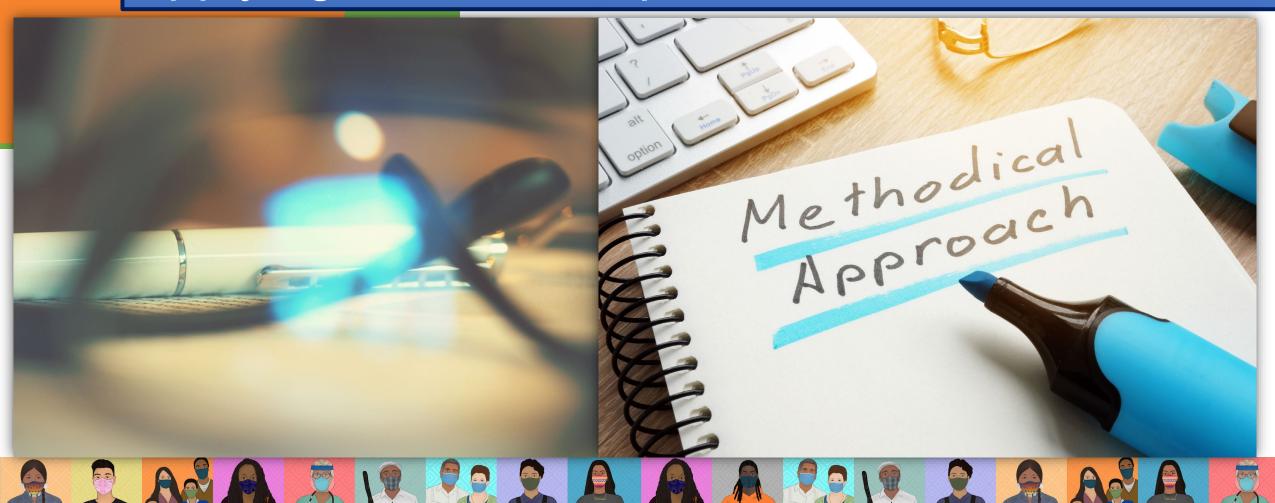
### HRD Hiring Initiative

- There is a need to fill positions at CDPH
- The length of time required for the hiring process is a barrier to meeting the demand
- We need to balance equity and inclusivity in the department through these new hires.





# Applying Lean Concepts to Our Work



### The 8 Wastes

D

#### Defect

An error passed along; product of low quality; misinformation

O

#### Overproduction

Production levels higher than necessary or before need arises

W

#### Waiting

Time spent in delays or waiting for the next step in a process

N

#### **Non-Utilized Talent**

Underutilized or misappropriated talents, skills, & knowledge

Ī

#### Transportation

Unnecessary movements of product & materials

#### Inventory

Excess product and materials going unused or unprocessed



#### Motion

Unnecessary movements by the people doing the work

Ε

#### **Extra-Processing**

A system or process more complicated than necessary



### What is a Customer?

California Department of PublicHealth



Remember we have end customers (the people of California) but we also have internal customers (the person operating the next step in a process)



- Who receives or uses our services?
- What products or services do we deliver?
- Who is the end user or recipient of the products or services we provide?
- Who will be affected by the quality of our work?
- Who is experiencing health inequities and may be impacted by our work?



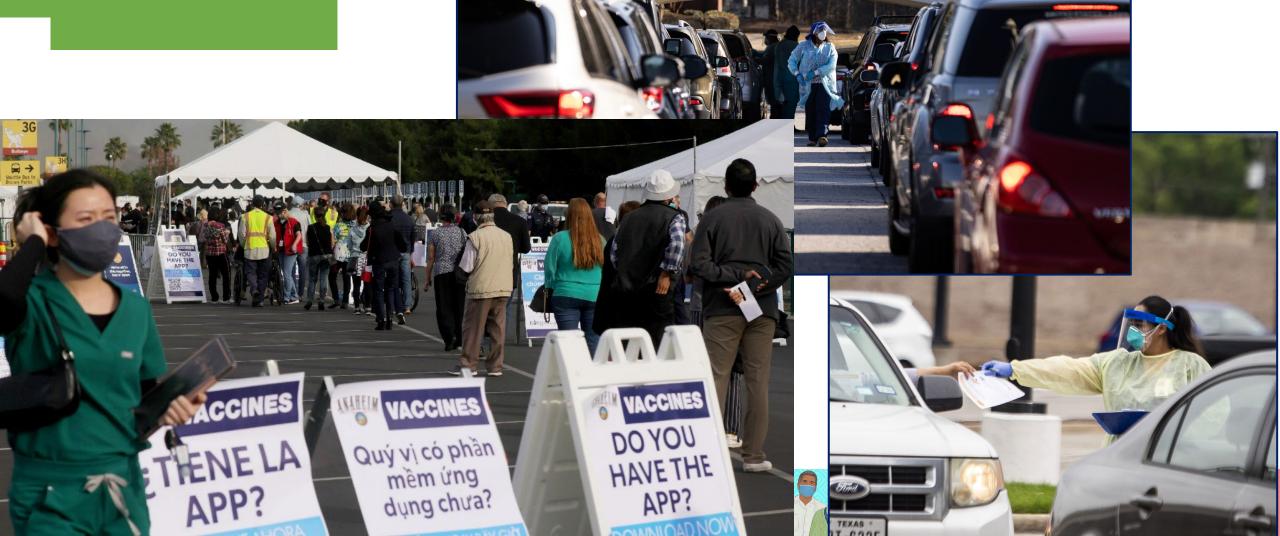
## What is the pace of demand?

Time Available

**Demand** 

= Takt Time

### What is "Pull" in Public Health?



### How do we measure process?

Time Studies focus on understanding cycle times, wait times, and lead time, the sequencing of process steps, and challenges that come up in the process from the perspective of someone who does this work.

Area/Location:			CID G&P (remote)			Date of Observation:		3/6/23
Subject Observed:			G&P Content Specialist			Start Time:		1:00pm
Process:			Guidance document review			Observer:		Jonathan Sears
			Observation Time					
Step		Observations						
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9	link and status update (in review)  Begin document review using guidance review	7:08						Reviewing for correct working links, health literacy aligned with reading level
10	checklist			<del> </del>	+	+		of intended audience, health equity lens, ADA compliance, etc.
-10	Update Airtable with status update for guidance	7:32						Airtable used as a G&P team tracker tracking status of each document (guidance,
11	document in review			t	†	†		manuscript, policy, etc.)
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13	Computer fixed							
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14	guidance document							CDPH Comms team manages staging for the CDPH website
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15	Continue document review  Issue with link in Sharepoint doc, check link in	14:39						and language  Copying and pasting hyperlinks from word doc to Sharepoint version of doc
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### Where is the Gemba?



To understand the reality of the work



To close assumptions we make about who does what and when

### Why do we observe?

To develop a culture of transparency, openness, dialogue, and feedback to support continuous improvement!



To gather data to support understanding



To start conversations about the best way things are done



To support improvement work and standard work development



To learn!



# How do we set targets?

Value Stream/Initiative	Lead Facilitator			Event Start Date						
Event Name		Co-Facilitator			Process			Takt Time		
Sponsor/CDO			Process Owner		Days of ope					
nt Objective										
Key Results/Measure	(fro	Baseline (from VSM or		Target (from VSM or A		A3)	Current (at time of event)			
									_	
									_	
Key Result/Measure	Baseline	Target	Interval 1	Interval 2	Interval 3	Interval 4	Final	% Change		
Time Based Metric										
Equity Metric										
Quality Metric										
Health Impact Metric										
Process Step Reduction										
Customer Impact										
		KEY IMPI	ROVEME	NTS						



# Academic Partnerships



Partnerships

Training

Opportunities

### **CDPH Academic Partnerships**

Decision Intelligence for **Public Health** 

Decision intelligence is using science and technology to support teams and individuals to turn information into better actions at any scale. It is the integration of problem solving; decision quality; continuous improvement; and behavioral, data, and implementation sciences.



**UC Berkeley** Data and Decision Science Corinne A. Riddell, PhD, MSc



UC Merced Behavioral and Health Economics Paul Brown, PhD, MS



UC San Francisco Implementation Science Margaret Handley, PhD, MPH

Capacity-building (training, upskilling, and professional development) interagency agreements, October 2022 - July 2024

\*Lean and Results-Based Accountability initiatives are lead by the CDPH Office of Policy and Planning

PHIT Capacity-Building Opportunities

Lean and Results-Based Problem Continuous Accountability' Solving Improvement Decision Behavioral Implementation Intelligence **Economics** Decision Ethics, Science Data and Technology Quality Science





































## Lean Management System



- Visual Management
- Sustain Continuous Improvement
- Alignment
- Bidirectional accountability
- Lean Leadership behaviors
   ("go and see" aka gemba walks)
- Coaching and developing people
- Improvement huddles (it's more about outcome)

## Visual Management



Mission: To advance the health and well-being of California's diverse people and communities

Vision: Healthy communities with thriving families and individuals.

CDPH Core Values: Collaboration, Competence, Equity, Integrity Responsibility, Trust, Vision



#### **Executive / Hoshin Visibility Wall**



































# PDSA & Improvement Kata

### The Five Questions

- 1) What is the Target Condition?
- 2) What is the Actual Condition now?

------ (Turn Card Over)----->

- 3) What Obstacles do you think are preventing you from reaching the target condition? Which \*one\* are you addressing now?
- 4) What is your Next Step? (Next experiment) What do you expect?
- 5) How quickly can we go and see what we Have Learned from taking that step?

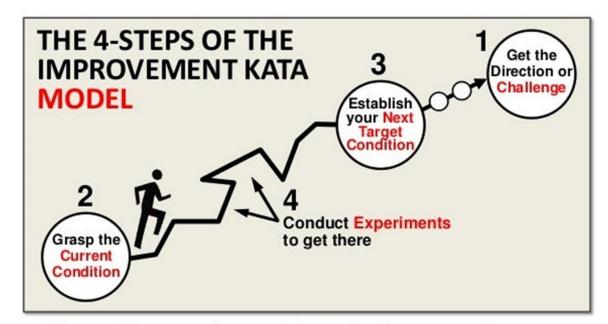
\*You'll often work on the same obstacle with several experiments

#### Reflect on the Last Step Taken

Because you don't actually know what the result of a step will be!

- What did you plan as your Last Step?
- 2) What did you Expect?
- 3) What Actually Happened?
- 4) What did you Learn?

Return to question 3

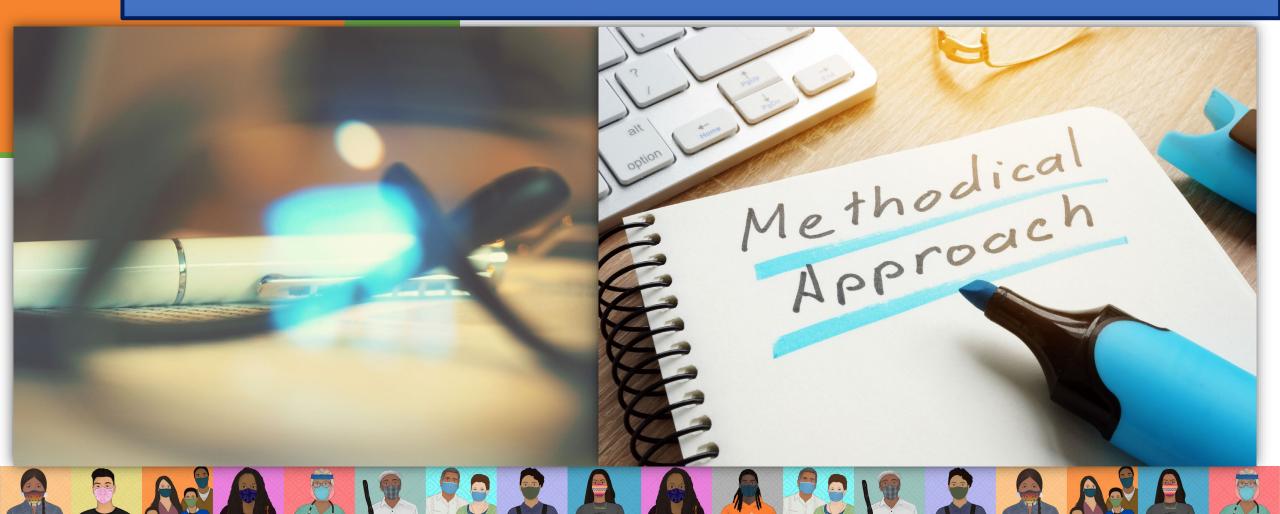


The model we used to explain our findings resembles other creative and scientific models, such as:

Systems thinking, critical thinking, learning organization, design thinking, creative thinking, solution-focused practice, preferred futuring, skills of inquiry, evidence-based learning



### Current Lean Transformation Work



### Education



### The Lean Transformation Model

#### SITUATIONAL APPROACH

- Value-Driven Purpose -

"WHAT PROBLEM ARE WE TRYING TO SOLVE?"

#### PROCESS IMPROVEMENT

Continuous, practical changes to improve the way the work is done Responsible Leadership



### CAPABILITY DEVELOPMENT

Sustainable improvement capability in all people at all levels

Basic Thinking, Mindset, Assumptions
That drive this transformation



## Lean 101



### Lean 101 Workbook

- Guides participants through the training
- Serves as a post-training reference
- Interactive format using fillable PDF

### **Lean Learning Guide:**

- Lean Thinking and Management
- Continuous Improvement Tools
- Results-Based Accountability Key Ideas
- Glossary of Lean Language
  - Further Reading suggestions

# Lean Community of Practice (LCOP)







#### In this issue...

- CDPH Director's Message
- LCOP Study Group
- The Toyota Way -Principle 12
- Lean 101 Training schedule
- One-Point Lean Lessons
- Lean Laughs!

### Welcome to the LCOP!

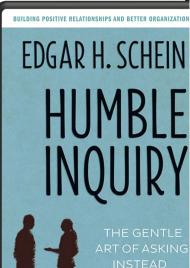
The Lean Community of Practice (LCOP) is launching our Lean Zine

You are reading the inaugural edition of the digital bulletin for CDPH's Lean Community of Practice, thank you for joining us on this Lean Transformation journey! Let's get started...

#### Lean 101 **Training Dates:**

- Aug 2-3
- Aug 15-16
- Sept 6-7
- Sept 19-20
- Oct 4-5
- Oct 17-18



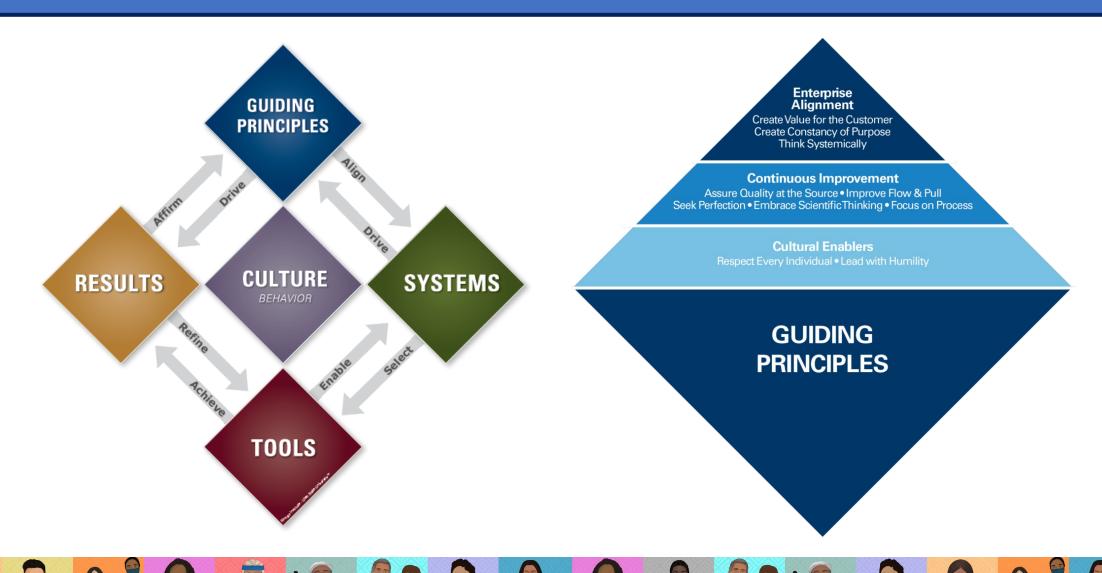


### **Lean Office Hours**



Twice per month with our senior lean consultants.

# Evaluating Culture: Shingo Insight Assessment



### Lessons Learned to Date

- First we must heal ourselves.
- Importance of Lean leadership education.
- Advantage of educating teams instead of individuals.
- Challenge of culture change in a virtual environment.
- The importance of measuring process.
- Power of a comprehensive communications strategy





### With Gratitude

Tomas Aragon, MD, DrPH
State Public Health Officer &CDPH Director

Rohan Radhakrishna, MD Chief Equity Officer, Deputy Director, Office of Health Equity

Susan Fanelli Chief Deputy Director, Healthy Quality & Emergency Response

Christine Siador, MPH CDPH Assistant Director

Kristanna Rivera,
Deputy Director, Human Resources Division





Q&A

