

# Strategies to Develop the Leader Within You



By : Brigitte O'Michaels copyright 2023

Congratulations on your commitment to becoming a more impactful leader! Whether you're an emerging leader, a person within a team, or someone in a leadership role seeking to develop the leader within, these strategies will help you thrive in the world of leadership. This handout offers strategies, journal prompts, situational examples, and inspirational quotes tailored to your leadership journey.

# My Commitment Pledge

I pledge to be a leader who inspires, empowers, and makes a difference. My commitment to leadership excellence is unwavering.

I commit to self-awareness, understanding my strengths, and using them to inspire others.

I commit to effective communication, listening actively, and fostering understanding.

I commit to adaptability, embracing change as an opportunity for growth.

I commit to empowering others, delegating with trust and encouragement.

I commit to continuous learning, expanding my knowledge, skills, and wisdom.

I commit to leading with compassion, empathy, and integrity.

I commit to reflecting, celebrating successes, and learning from failures.

With this pledge, I embark on the journey to become a more impactful leader—a leader who serves, empowers, and inspires.

Signed,

[Your Name]

By signing this pledge, you declare your dedication to leadership excellence and your mission to make a positive impact as a leader.

Here are the 5 strategies to guide you on your journey to developing the leader within you, empowering you to lead with significance and influence.



## Self-Awareness: Know Yourself

"The most challenging person to lead is yourself." - John C. Maxwell

Journal Prompt: Reflect on your strengths and areas for improvement as a leader. How can you leverage your strengths to inspire your team or those around you?

Imagine you face resistance to a new policy proposal. How does your self-awareness help you navigate this challenge and maintain your team's trust?



## Effective Communication: Listen Actively

"To handle yourself, use your head; to handle others, use your heart." - Eleanor Roosevelt

Journal Prompt: Recall a recent conversation where active listening made a difference. How did it impact your relationships and decision-making?

Picture a scenario where a colleague disagrees with your approach. How can active listening help you find common ground and build consensus?



## Adaptability: Embrace Change

"Change is the law of life. And those who look only to the past or present are certain to miss the future."

- John F. Kennedy

Journal Prompt: Describe a time when you successfully adapted to a significant change. What lessons did you learn?

Consider a situation where a new technology is introduced. How can your adaptability inspire your team to embrace this change?



## Empowering Others: Delegate Effectively

"The best leaders are those most interested in surrounding themselves with assistants and associates smarter than they are." - John C. Maxwell

Journal Prompt: Share an experience where you empowered a team member through delegation. How did it impact their growth and performance?

Imagine a project with tight deadlines. How can you delegate tasks to ensure your team's success without micromanaging?



# Continuous Learning: Seek Knowledge

"Leadership and learning are indispensable to each other."

- John F. Kennedy

Journal Prompt: Identify an area where you'd like to deepen your knowledge. What steps will you take to acquire this expertise?

Envision a complex challenge. How does your commitment to continuous learning equip you to address it effectively?



"Leadership is not about being in charge. It is about taking care of those in your charge." - Simon Sinek

As you embark on your leadership journey, remember that leadership is an ongoing adventure. These strategies, combined with your self-reflection and commitment to growth, will empower you to develop the leader within you. Embrace challenges as opportunities, communicate with compassion, and inspire those around you.

*Email me at [brigitte@brigittemichaels.com](mailto:brigitte@brigittemichaels.com) with your result or if you need my help developing your leadership or professional growth .*



## ABOUT THE AUTHOR

Hey,

I'm Brigitte O' Michaels was born in Nigeria, West Africa, and migrated to the United States by way of London England in 2013. She holds a Master's Degree in Public Administration, Bachelor of Arts (History ), Professional Scrum Master PSM, SAFe(R) (Agile Enterprise), and Prince II Project Management as well as multiple certifications in other fields of continuous learning.

Brigitte O'Michaels LLC is recognized by SHRM to offer Professional Development Credits (PDCs) for the SHRM-CP® or SHRM-SCP®.

Soon after her divorce, she turned her pain to gain by joining the highly esteemed John Maxwell Leadership team to become a transformational executive leadership coach, trainer, and speaker. Her quest to serve people to achieve results saw her obtaining a Life Mastery Consultant certification from the Brave Thinking Institute. She is also a certified DISC Personality Consultant and recently became a certified Mental Health First Aider

She has been mentored by some world-class thought leaders like John Maxwell, Mary Morrissey, Paul Martinelli, and Myron Golden to mention a few.

Brigitte O'Michaels is also a transformational life and business coach certified by the state of Washington Minority Woman-Owned (DBE, WBE, MBE, SCS) that specializes in leadership development coaching and training services.

With over 10 years of experience in professional training, development, and business consulting, Coach Brigitte brings a unique perspective that embraces ethnicity, culture, and experience to educate and inform her clients in all areas of leadership development including diversity, inclusion, and belonging.

Brigitte brings with her a wealth of international experience including a background in banking, government, and non-government agencies from 3 different continents. She equips her clients with the tools, resources, and experience to help their team improve its productivity, performance, and profitability.

Coach Brigitte uses industry best practices for continuous improvement, process streamlining, teamwork, and increased quality to exceed her customer's operational goals and expectations. As a highly experienced consultant, Brigitte is passionate about equipping leaders in motion and is excited to work with you and your team to achieve its highest potential.

She has worked with organizations and individuals, helping them build their dreams, accelerate their results, to create richer, and more fulfilling lives that are in harmony with their Soul's purpose.

She is the Founder of the DREAM BUILDER LAB private Facebook group for women entrepreneurs manifesting abundance where she shares strategies to enable them live an expansive life!

As a highly sought-after speaker and trainer, offering transformational workshops to individuals and organizations. Whether it's a short 10-minute talk, a Lunch & Learn training, a motivating keynote speech or an afternoon/ full day workshop, you will be ignited by her training.

<https://www.brigitemichaels.com/>  
<https://www.facebook.com/CoachBrigitteMichaels>  
<https://www.instagram.com/coachbrigittemichaels/>  
<https://www.linkedin.com/in/brigitteomichaels/>



By : Brigitte O'Michaels copyright 2023