1.1.a: Supplemental - Increase rate of infants whose mothers receive prenatal care in the first trimester from 72.4% in 2011 to 75.5% by 2018

G4:1.1.A/ INCREASING 1ST TRIMESTER PRENATAL CARE

Health Care Authority

Dorothy Teeter, Director
Dan Lessler, Chief Medical Officer

3/20/2017
**Background: Why Is It Important To Obtain Prenatal Care In The 1st Trimester?**

**Improved Maternal and Neonatal Outcomes:**
- Early identification of risk factors and complications
- Decreased low birthweight & preterm birth
- Results in decreased cost for NICU admissions
- Early prenatal care is an indicator for access to healthcare coverage and services

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**Background: Who Is Having Babies In WA?**

- Deliveries in WA
  - 80K – 82K deliveries annually
  - Apple Health accounts for nearly 50% of deliveries, regardless of Affordable Care Act implementation

- Deliveries Mirror Demographics

<table>
<thead>
<tr>
<th>Race/Ethnicity Population</th>
<th>Deliveries</th>
</tr>
</thead>
<tbody>
<tr>
<td>Whites</td>
<td>61%</td>
</tr>
<tr>
<td>Hispanics</td>
<td>18%</td>
</tr>
<tr>
<td>Asians</td>
<td>10%</td>
</tr>
<tr>
<td>African Americans</td>
<td>4%</td>
</tr>
<tr>
<td>American Indians/Alaska Natives</td>
<td>1%</td>
</tr>
<tr>
<td>Native Hawaiian/Pacific Islanders</td>
<td>1%</td>
</tr>
</tbody>
</table>
**Current State:** Increased Early Entry To Prenatal Care By 8.5% In 7 Years

Target is 75.5% by 2018

- **WA:**
  - 2015 = 73.7%, an 8.5% increase from 2008. Slow, but steady pace toward the goal.

- **Apple Health:**
  - 2015 = 65.2%, an 18.8% increase from 2008. Rate of increase has outpaced non-Apple Health.
  - The increase for Apple Health clients may be attributed, in part, to continuous health coverage since Affordable Care Act implementation.

- **Non-Apple Health:**
  - 2015 = 81.9%, a 2.5% increase from 2008.

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**Current State:** All Racial/Ethnic Groups Improving. Disparities Evident.

**2015 Racial/Ethnic Group Prenatal Care Rates**

<table>
<thead>
<tr>
<th>Racial/Ethnic Group – WA</th>
<th>Apple Health</th>
</tr>
</thead>
<tbody>
<tr>
<td>Whites = 76.8%</td>
<td>67.2%</td>
</tr>
<tr>
<td>Asians = 76.6%</td>
<td>67.6%</td>
</tr>
<tr>
<td>Multi-racial = 70.1%</td>
<td>62.1%</td>
</tr>
<tr>
<td>Hispanics = 68.3%</td>
<td>65.9%</td>
</tr>
<tr>
<td>African Americans = 64.4%</td>
<td>59.7%</td>
</tr>
<tr>
<td>Native Americans = 58.0%</td>
<td>54.2%</td>
</tr>
<tr>
<td>Pacific Islanders = 46.1%</td>
<td>40.6%</td>
</tr>
</tbody>
</table>

**Highest Rates of Improvement**

- Pacific Islanders = 26.3% growth from 2008 – 2015
- Hispanics = 17.8% growth from 2008 – 2015

**Greatest Opportunity**

- Pacific Islanders lag behind Whites in 1st trimester prenatal care rates by 30 percentage points
Problem/Opportunity: Closing The Gap Between Apple Health and Others

Primary Intervention Targets

Gap Between Apple Health and non-Medicaid
- Nearly 17% percentage point gap
- Improving early access to prenatal care and increasing access to inter-conception care will narrow the gap

Gaps In Racial/Ethnic Rates
- Particular attention needed to reduce disparities
- Pacific Islanders lag behind Whites in 1st trimester prenatal care rates by 30 percentage points

Ongoing Strategies: Leveraging Partnerships

1. Improve Pregnancy Outcomes
   - Maternity Support Services is available to all pregnant Apple Health clients
   - Apple Health Managed Care Plans actively identify pregnant women and offer incentives and case management
   - Apple Health continuous health coverage
   - Earlier enrollment into Apple Health Managed Care Plans started April 2016
   - Public Employee Plans actively identify pregnant women and offer information and support

2. Decrease Unintended Pregnancy
   - Promote preventive and inter-conception care
   - DOH: Wait One Year initiative

3. Decrease Health Disparities
   - Partnership with DOH and WA State Hospital Association’s Safe Deliveries Roadmap
   - Black Infant Health Program – Tacoma – Pierce Co. Health Department
   - American Indian Health Commission: Maternal and Infant Health Workgroup

4. Leverage Medicaid Transformation Demonstration and Accountable Communities of Health infrastructure
Assistance Needed:

- Governor’s advocacy to maintain Affordable Care Act coverage levels
- Additional partnerships with community organizations to reach racial/ethnic groups to improve care

Reported by: Health Care Authority