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1.1.a: Supplemental - Increase rate of infants whose mothers receive prenatal care in the first trimester from 72.4% in 2011 to 75.5% by 2018



# G4:1.1.A / INCREASING 1<sup>ST</sup> TRIMESTER PRENATAL CARE

# **Health Care Authority**

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3/20/2017

# Background: Why Is It Important To Obtain Prenatal Care In The 1st Trimester?

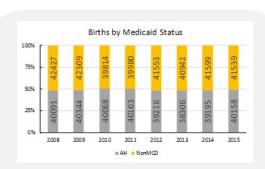


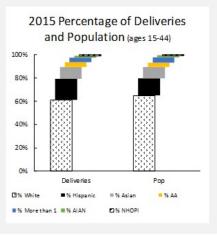


# Improved Maternal and Neonatal Outcomes:

- Early identification of risk factors and complications
- o Decreased low birthweight & preterm birth
- Results in decreased cost for NICU admissions
- Early prenatal care is an indicator for access to healthcare coverage and services

# Background: Who Is Having Babies In WA?

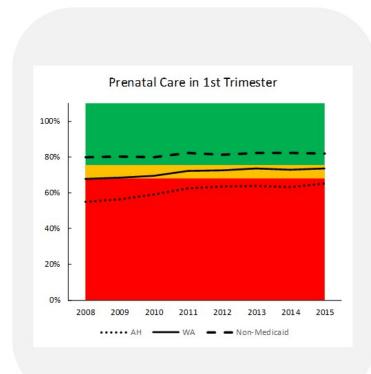




- o Deliveries in WA
  - o 80K 82K deliveries annually
  - Apple Health accounts for nearly 50% of deliveries, regardless of Affordable Care Act implementation
- Deliveries Mirror Demographics

Race/Ethnicity Population	Deliveries
Whites – 65%	61%
Hispanics – 15%	18%
Asians – 10%	10%
African Americans – 4%	4%
American Indians/Alaska Natives – 1%	1%
Native Hawaiian/Pacific Islanders - 1%	1%

# Current State: Increased Early Entry To Prenatal Care By 8.5% In 7 Years



#### Target is 75.5% by 2018

#### o WA:

2015 = 73.7%, an 8.5% increase from 2008.
 Slow, but steady pace toward the goal.

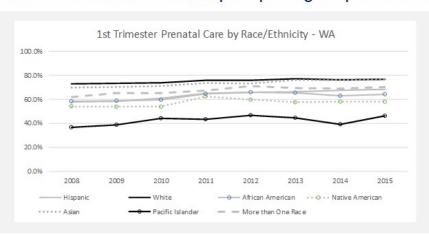
#### o Apple Health:

- 2015 = 65.2%, an 18.8% increase from 2008.
   Rate of increase has outpaced non-Apple
   Health
- The increase for Apple Health clients may be attributed, in part, to continuous health coverage since Affordable Care Act implementation

#### Non-Apple Health:

o 2015 = 81.9%, a 2.5% increase from 2008.

## Current State: All Racial/Ethnic Groups Improving. Disparities Evident.



#### 2015 Racial/Ethnic Group Prenatal Care Rates

Racial/Ethnic Group – WA	Apple Health
Whites = 76.8%	67.2%
Asians = 76.6%	67.6%
Multi-racial = 70.1%	62.1%
Hispanics = 68.3%	65.9%
African Americans = 64.4%	59.7%
Native Americans = 58.0%	54.2%
Pacific Islanders = 46.1%	40.6%

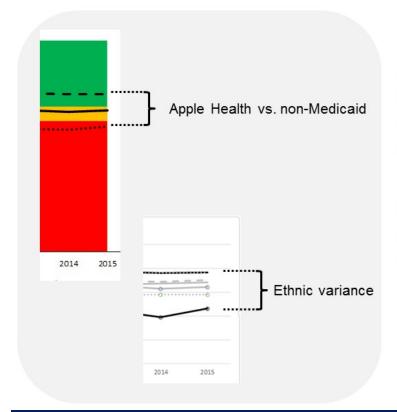
#### **Highest Rates of Improvement**

- o Pacific Islanders = 26.3% growth from 2008 2015
- o Hispanics = 17.8% growth from 2008 2015

#### **Greatest Opportunity**

 Pacific Islanders lag behind Whites in 1<sup>st</sup> trimester prenatal care rates by 30 percentage points

# **Problem/Opportunity**: Closing The Gap Between Apple Health and Others



#### **Primary Intervention Targets**

#### Gap Between Apple Health and non-Medicaid

- o Nearly 17% percentage point gap
- Improving early access to prenatal care and increasing access to inter-conception care will narrow the gap

#### Gaps In Racial/Ethnic Rates

- o Particular attention needed to reduce disparities
- Pacific Islanders lag behind Whites in 1<sup>st</sup> trimester prenatal care rates by 30 percentage points

# Ongoing Strategies: Leveraging Partnerships

#### 1. Improve Pregnancy Outcomes

- o Maternity Support Services is available to all pregnant Apple Health clients
- Apple Health Managed Care Plans actively identify pregnant women and offer incentives and case management
- o Apple Health continuous health coverage
- o Earlier enrollment into Apple Health Managed Care Plans started April 2016
- o Public Employee Plans actively identify pregnant women and offer information and support

#### 2. Decrease Unintended Pregnancy

- o Promote preventive and inter-conception care
- o DOH: Wait One Year initiative

#### 3. Decrease Health Disparities

- o Partnership with DOH and WA State Hospital Association's Safe Deliveries Roadmap
- o Black Infant Health Program Tacoma Pierce Co. Health Department
- o American Indian Health Commission: Maternal and Infant Health Workgroup
- 4. Leverage Medicaid Transformation Demonstration and Accountable Communities of Health infrastructure







## **Assistance Needed:**

- o Governor's advocacy to maintain Affordable Care Act coverage levels
- o Additional partnerships with community organizations to reach racial/ethic groups to improve care

### Reported by: Health Care Authority

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