1.2.Y.b: Increase percentage of 10th graders with healthy weight from 75% to 76% (supplemental)

Data indicates a decrease in 2006 through 2010 with a slight increase in 2012.
# Generational Context

<table>
<thead>
<tr>
<th></th>
<th>Silent</th>
<th>Boomers</th>
<th>X</th>
<th>Y</th>
<th>Z</th>
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**PROPORTION OF CHILDREN AGES 10 to 17 CLASSIFIED AS OBESE BY STATE**

Obese 10- to 17-Year-Olds, 2011 NSCH

Healthy weight by race/ethnicity

- American Indian/Alaska Native: 64%
- Native Hawaiian/Other PI: 66%
- Black: 68%
- Hispanic: 72%
- White: 77%
- Asian: 81%
Healthy Weight of 10th Graders in Washington State
Healthy Youth Survey 2012
State Average: 75%

April 2014

Legend:
- Green: 77% – 92%
- Orange: 65% – 70%
- Light Green: 74% – 76%
- Yellow: 57% – 64%
- Beige: 71% – 73%
- Gray: Insufficient data
Bonney Lake's Fennel Creek Trail Connection - Cost just under $1 million and reduced the need for an estimated 8-10 school bus routes by connecting a large family housing area with schools on the other side of a watershed.
In 2012, 46% of 10th graders in our state did not meet the recommendations for 60 minutes of physical activity daily.
Revision of the Washington State Health and Fitness Learning Standards Adopted 2008

Completion of Revised Standards By July 1, 2015

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Let’s Move Initiative
Let’s Move, Active Schools – 60 Minutes-A-Day
*Healthy Schools, Successful Students*

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Edmonds School District and Swedish Hospital Team Up

Healthier Choices

Jenni McCloughan
Jennifer Hershey
Health and Fitness Coordinator
Physical Education Maplewood K-8
Edmonds School District

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Action Items:
<table>
<thead>
<tr>
<th>Problem / Opportunity</th>
<th>Strategy</th>
<th>Task</th>
<th>Due Date</th>
<th>Status</th>
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</thead>
<tbody>
<tr>
<td>Children eat up to half of their daily calories at school. Improving the quality of food and beverages offered at school can help children eat healthier.</td>
<td>Increase the number of schools matched with local farms, food processors, and distributors.</td>
<td>Completing a new survey of all schools to assess whether they serve nutritious Washington grown food. This strategy relates to measure 1.2.Y.c: Increase the number of schools serving nutritious, Washington grown foods.</td>
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