



1.2.Y.f: Decrease the percentage of 10th graders who report drinking Alcohol in the past 30 days from 21% in January 2015 to 19% by July 2017 and 1.2.Y.e: Contain the percentage of 10th graders who report using Marijuana in the past 30 days at 18% from January 2015 to July 2017
Reported on April 18, 2016



1.2.Y.F: DECREASE THE PERCENTAGE OF 10TH GRADERS WHO REPORT DRINKING **ALCOHOL** IN THE PAST 30 DAYS FROM 21% IN JANUARY 2015 TO 19% BY JULY 2017

1.2.Y.E: CONTAIN THE PERCENTAGE OF 10TH GRADERS WHO REPORT USING **MARIJUANA** IN THE PAST 30 DAYS AT 18% FROM JANUARY 2015 TO JULY 2017

Behavioral Health Administration

Carla Reyes, Assistant Secretary

**Sarah Mariani, Behavioral Health
Administrator**

April 18, 2016

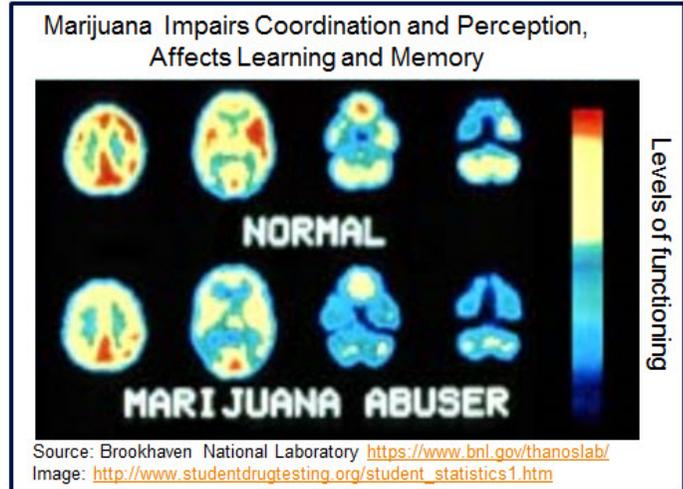
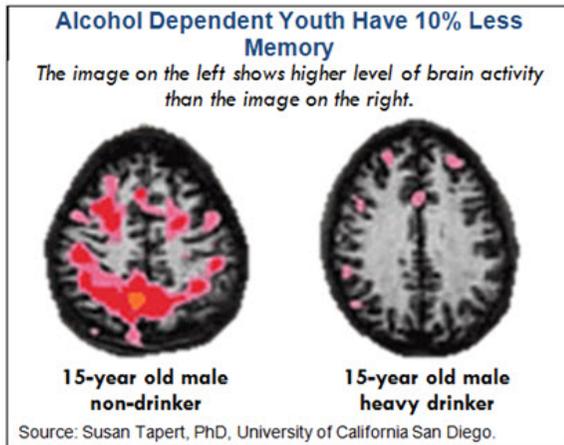


Goal 4: Healthy People



1.2.Y.F: DECREASE THE PERCENTAGE OF 10TH GRADERS WHO REPORT DRINKING ALCOHOL IN THE PAST 30 DAYS FROM 21% IN JANUARY 2015 TO 19% BY JULY 2017

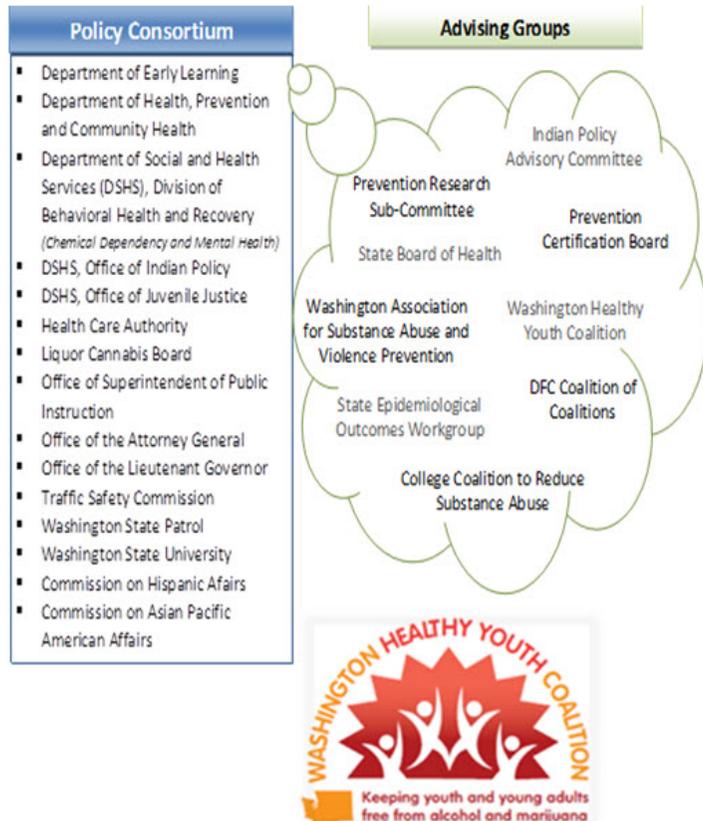
1.2.Y.E: CONTAIN THE PERCENTAGE OF 10TH GRADERS WHO REPORT USING MARIJUANA IN THE PAST 30 DAYS AT 18% FROM JANUARY 2015 TO JULY 2017



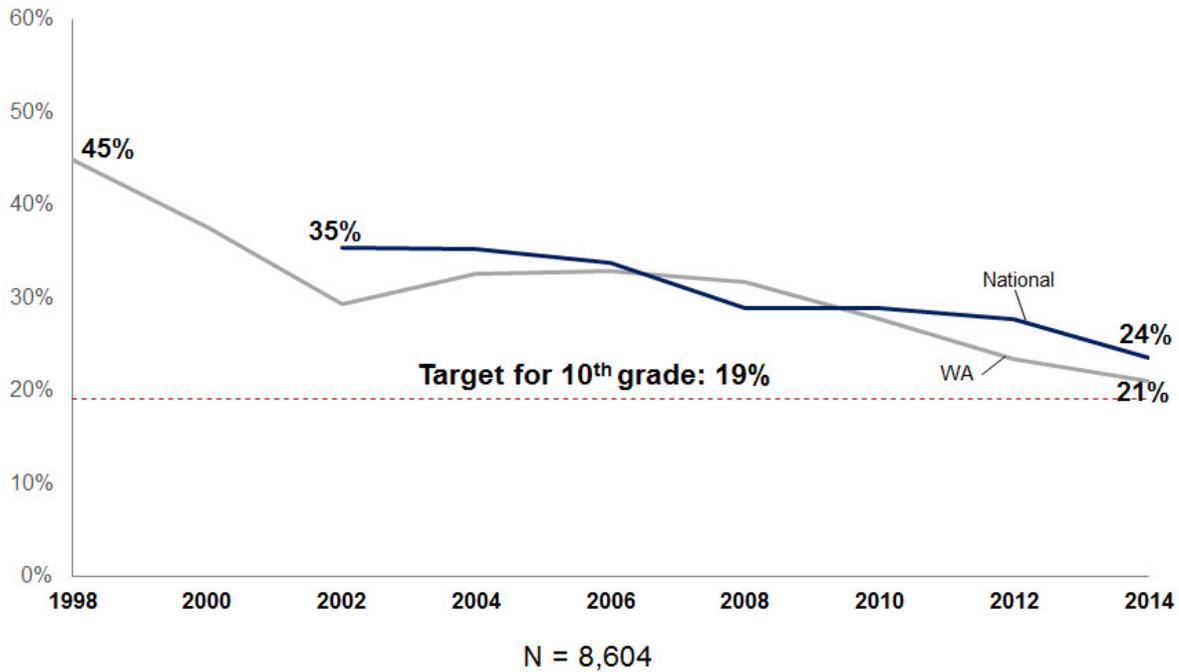
1.2.Y.f: Decrease the percentage of 10th graders who report drinking alcohol in the past 30 days from 21% in January 2015 to 19% by July 2017

Background: DSHS/DBHR Leading Washington's Substance Abuse Prevention Efforts

- DSHS leads and organizes 26 state agencies and Tribal partners through the **State Prevention Enhancement Policy Consortium** to collaborate strategies to reduce underage drinking and other substance abuse prevention strategies.
- The **Washington Healthy Youth Coalition** leads the state in strategies specifically to address underage drinking and marijuana use in a partnership of 24 state agencies, organizations, and partners.

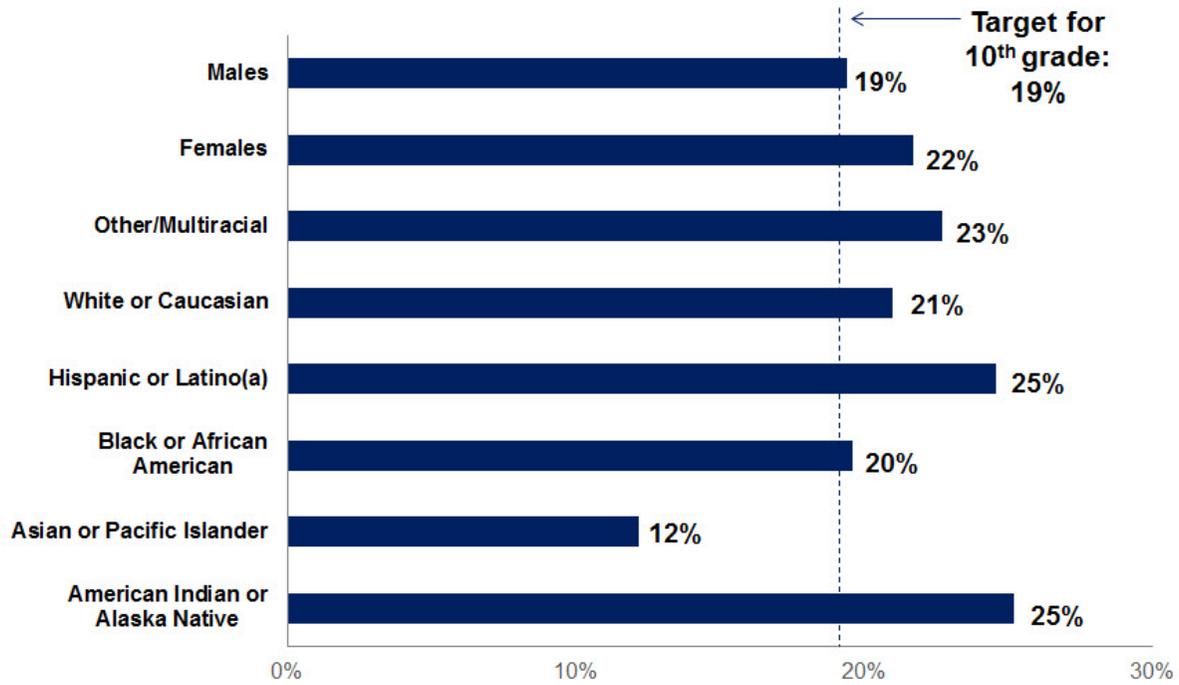


Current State: 21% of WA 10th Graders Have Used Alcohol in the Past 30 Days
This is below the national average of 24%
This is above the target of 19%



Sources: WSSAHB 1998 (spring), 2000 (fall); Washington Healthy Youth Survey - 2002, 2004, 2006, 2008, 2010, 2012, 2014; MTF- 2002-2014.

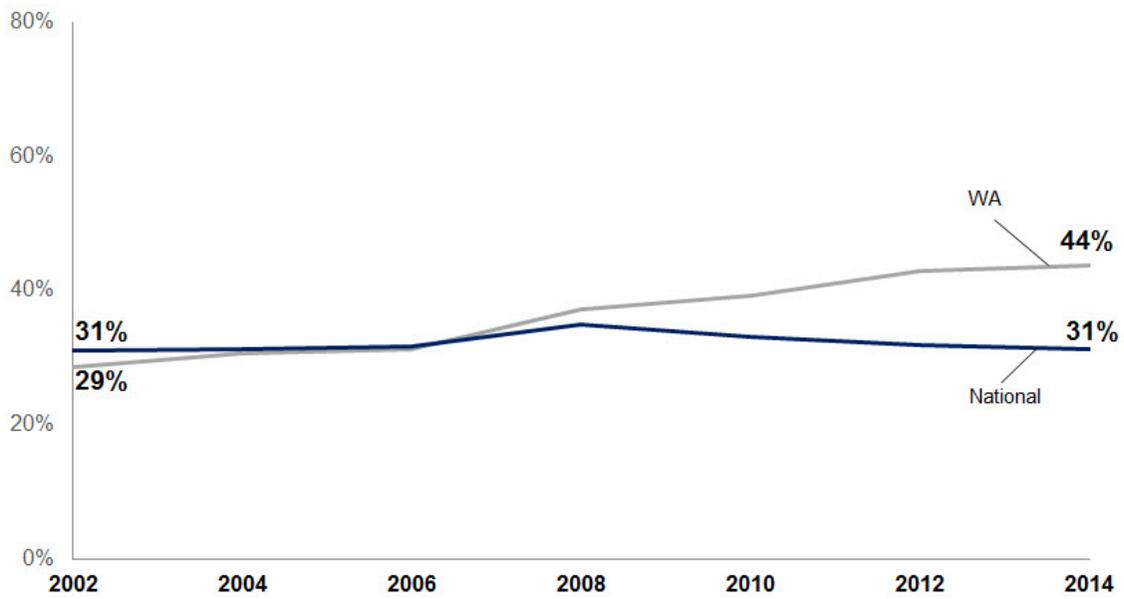
Current State: Metric: 10th Grade Alcohol Use: Past 30 Days – by Gender and Race/Ethnicity



Source: Washington Healthy Youth Survey - 2014.

[Explore the data above \(click here\)](#)

Current State: 10th Grade Alcohol Use: Risk of Harm from Alcohol Use
(Drinking once or twice a day has "great risk")



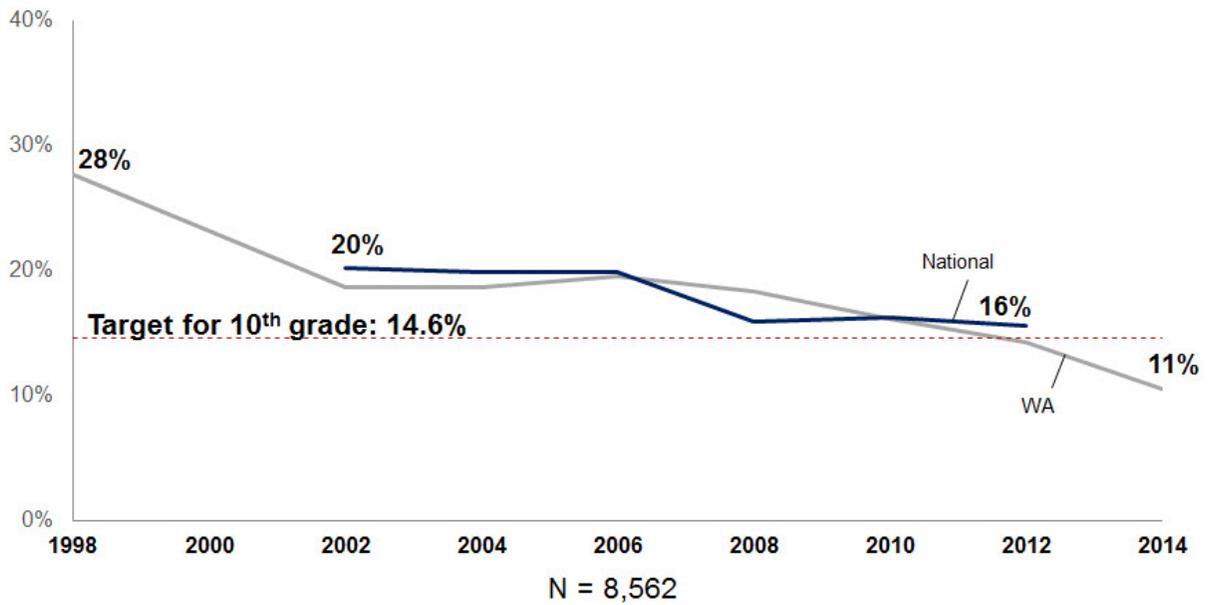
N = 4,219

Note: Includes responses where using alcohol regularly has "great risk."

Source: WSSAHB 1998 (spring), 2000 (fall); Washington Healthy Youth Survey - 2002, 2004, 2006, 2008, 2010, 2012, 2014. MTF 2002-2014

[Explore the data above \(click here\).](#)

Current State: 11% of WA 10th Graders Have Had 5 or More Drinks in a Row During the Past 2 Weeks (Binge Drinking)
This is below the national average of 16%
This is below the target of 14.6%



Sources: WSSAHB 1998 (spring), 2000 (fall); Washington Healthy Youth Survey - 2002, 2004, 2006, 2008, 2010, 2012, 2014; Monitoring the Future - 2002-2012.

[Explore the data above \(click here\).](#)

Problem/Opportunity: 10th Grade Alcohol Use: *Level of Alcohol Use*



Among 10th graders who drank alcohol in the past 30 days, almost 1 in 3 are problem drinkers

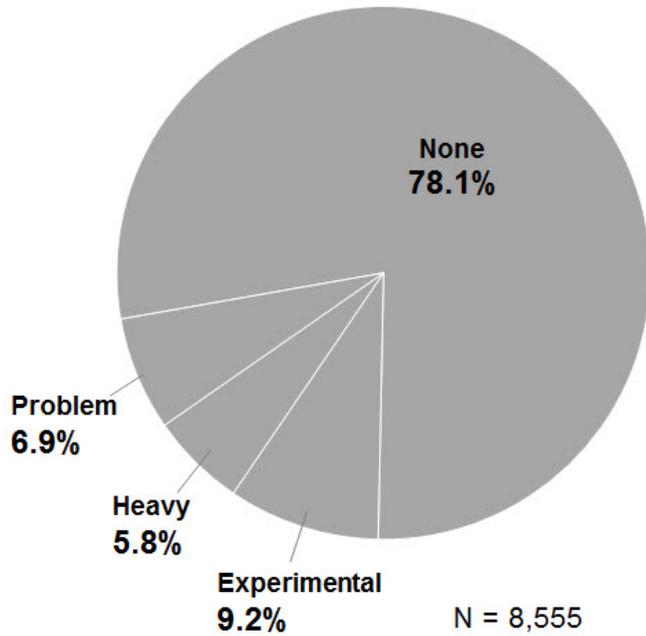
***LEVEL OF ALCOHOL USE**

None: no drinking in the past 30 days and no binge drinking in the past 2 weeks

Experimental: 1-2 days drinking, and no binge drinking

Heavy: 3-5 days of drinking, and/or one binge

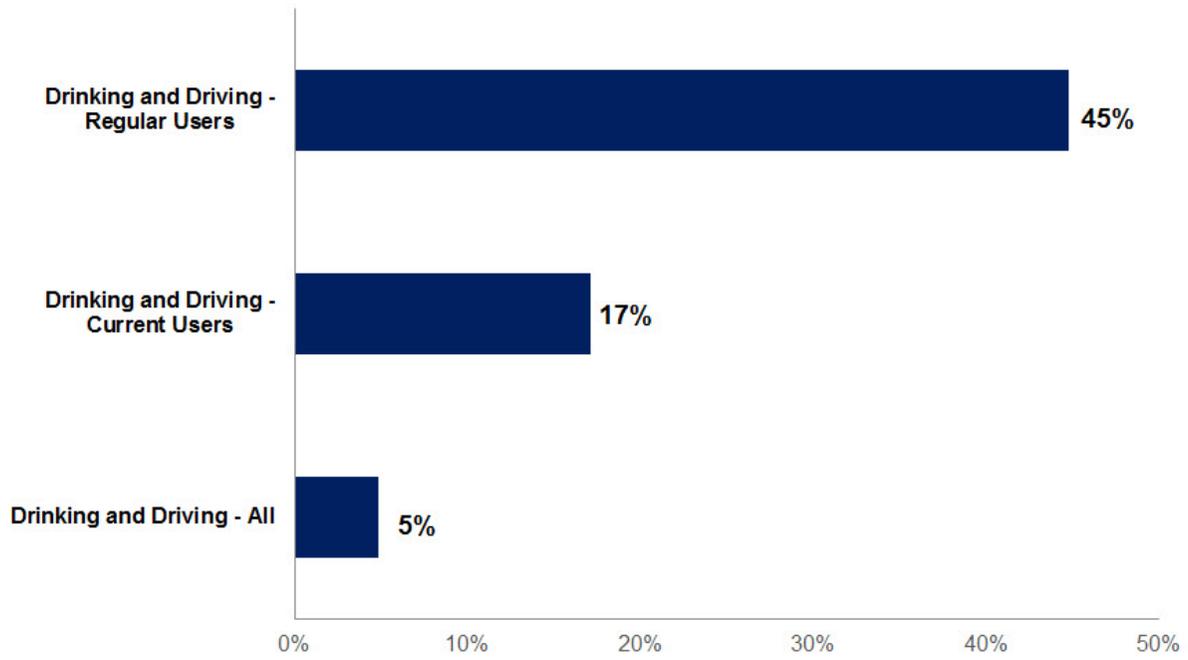
Problem: 6+ days drinking, and/or 2+ binges



SOURCE: Washington State Healthy Youth Survey – 2014.

[Explore the data above \(click here\).](#)

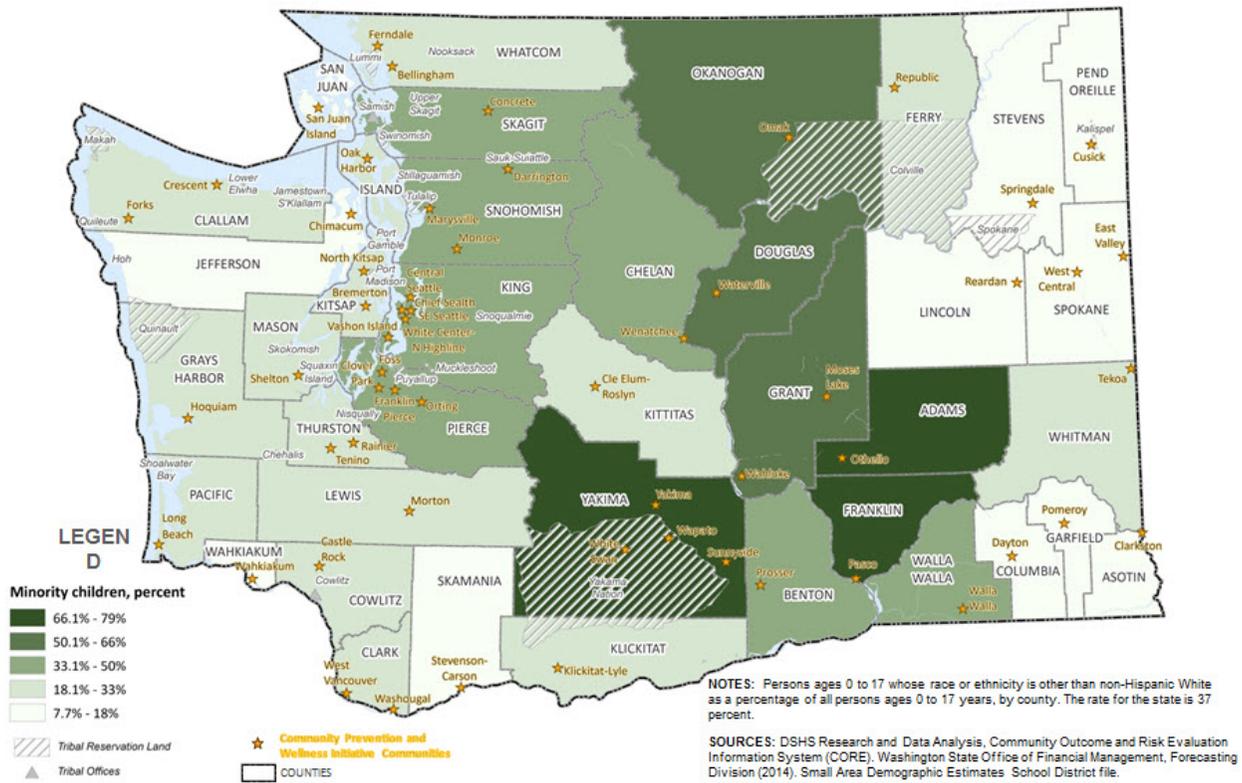
Current State: 10th Grade Alcohol Use: Drinking and Driving in the Past 30 Days



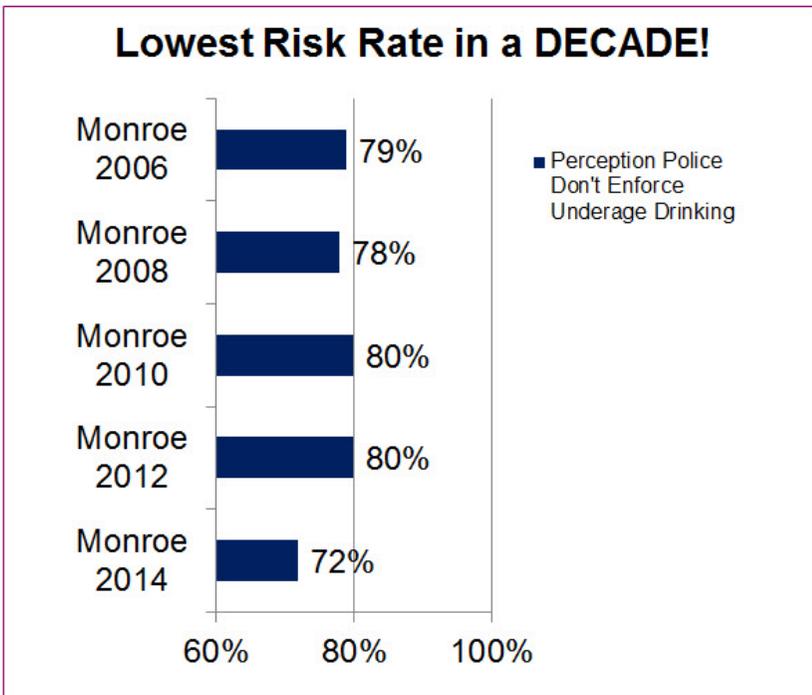
Source: Washington Healthy Youth Survey - 2014.

[Explore the data above \(click here\)](#)

Strategy. Reaching High Need Communities. Racial or Ethnic Minority Children as a Percentage of All Children Ages 0 to 17 by County, 2014



Customer Focus: Addressing Community Risk and Protective Factors: *The Monroe Community Coalition*



*Joe Neigel,
Community Coalition
Coordinator*

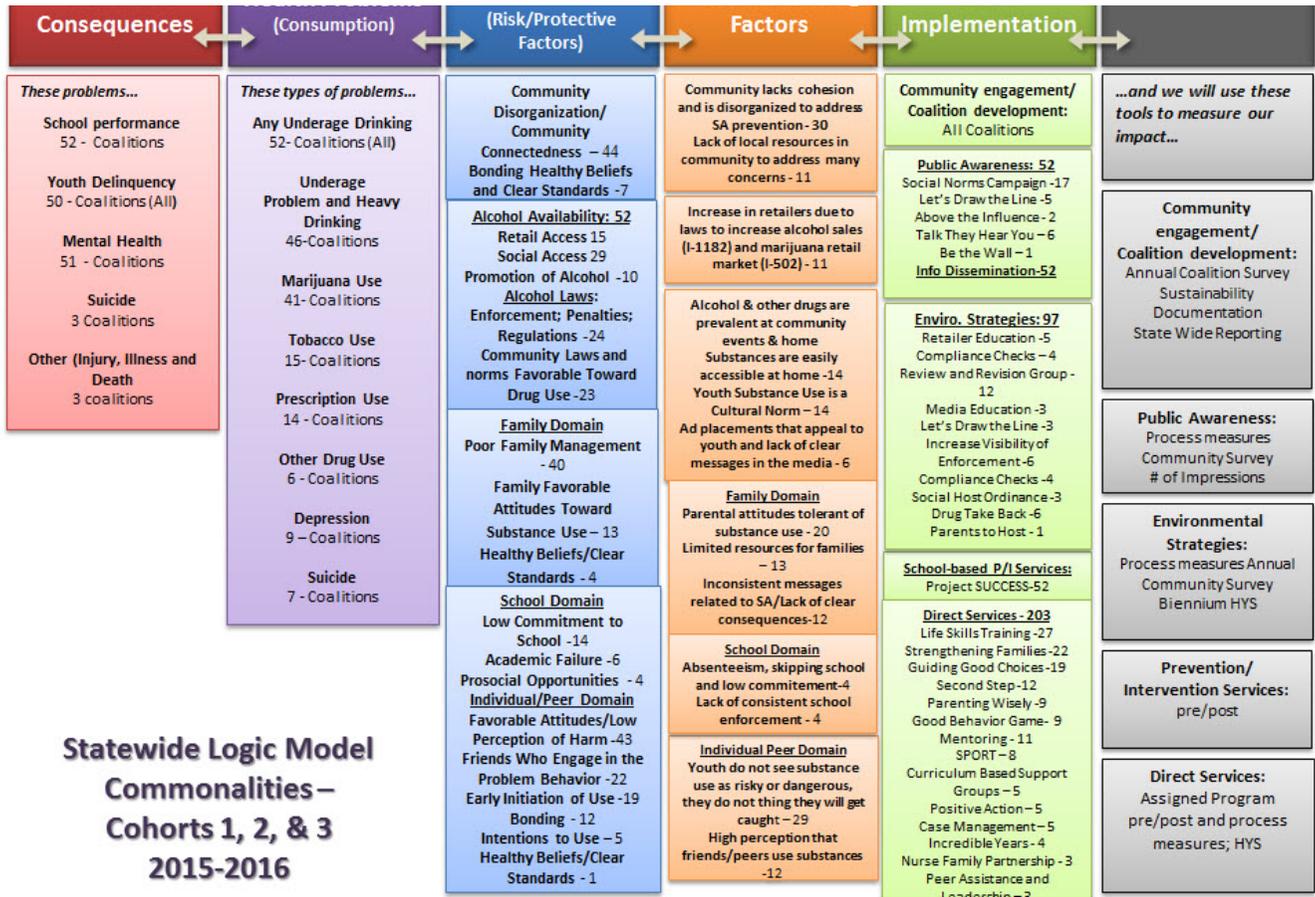
*Samantha Johnson,
Youth Coalition*

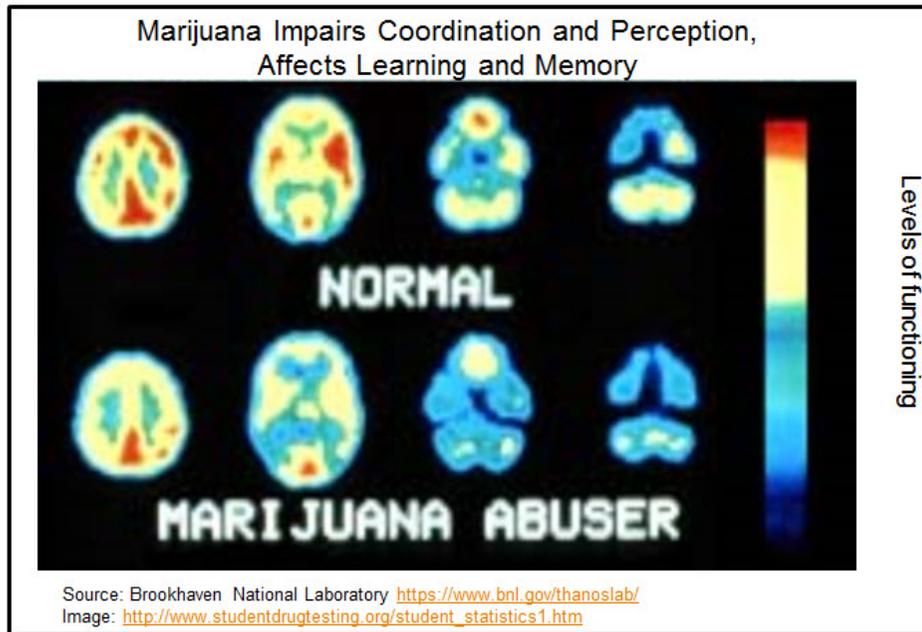


Source: Washington Healthy Youth Survey 2006, 2008, 2010, 2012, 2014

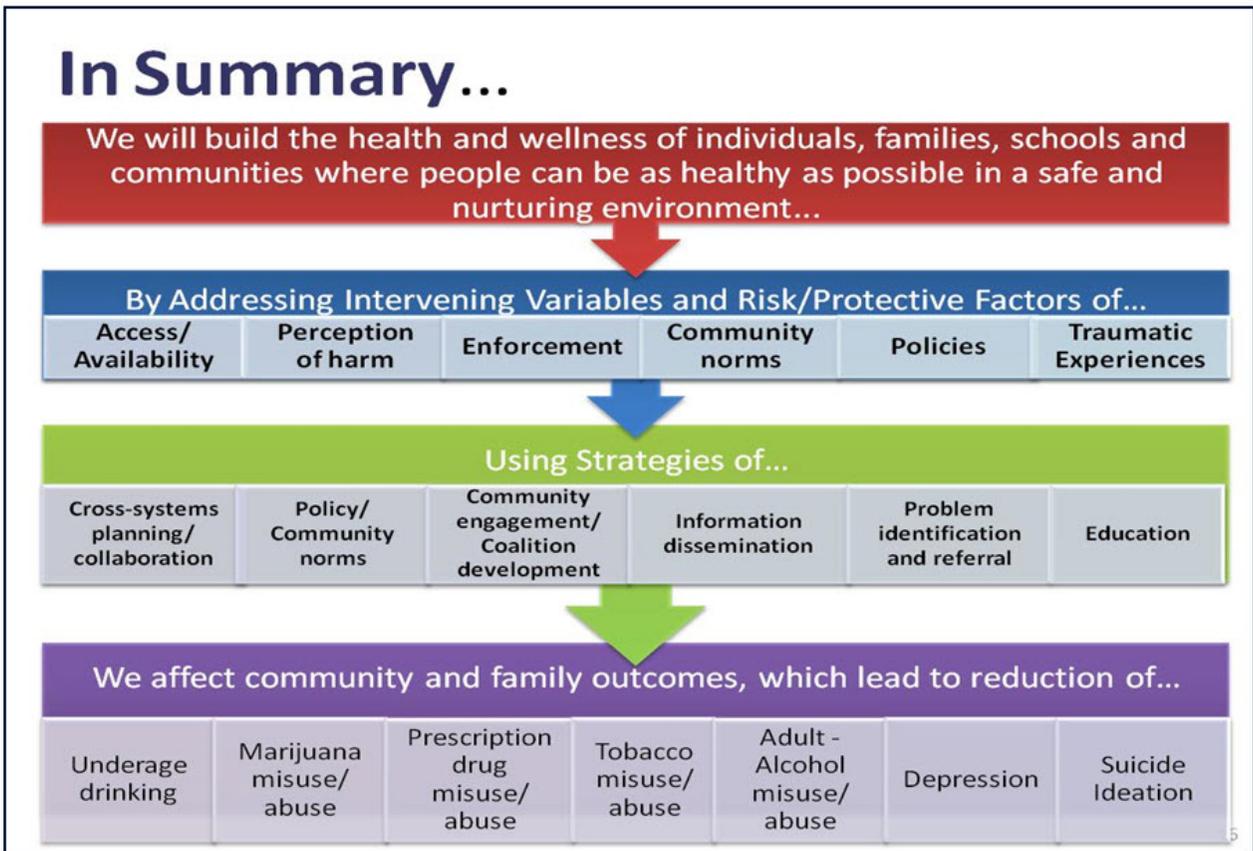
[Explore the data above \(click here\)](#)

Task	Task Lead	Partners	Expected Outcome	Status	Due Date
Community Prevention and Wellness Initiative—Community Coalitions	Julia Havens	OSPI, Counties, ESDs, Local Contracting Agencies, Coalitions	Reduce Risk Factors and Increase Protective Factors associated with Underage Drinking.	<ul style="list-style-type: none"> 15,118 individuals received prevention services statewide. 93% of programs implemented showed positive results . 	Ongoing July 2015-2017
Evidence Based Prevention Programs and Practices	Julia Havens	OSPI, DOH, LCB, WSIPP, UW, WSU	Increased use of Evidence Based programs in the implementation of prevention strategies.	<ul style="list-style-type: none"> 88% participants of Evidence Based Programs. 	Ongoing July 2015-2017
Programs and Strategies in Tribal Communities	Lucy Mendoza	OIP, Tribes	Increase mobilization Adapt Evidence Based Prevention Programs and Practices to address the unique needs of each tribe.	<ul style="list-style-type: none"> 76 community-wide program implemented 22 Direct Service Programs implemented 	Ongoing July 2015-2017
Washington Healthy Youth Coalition (WHY):	Deb Schnellman	LCB, AG, DOH, WHY Communications Impact Team and WHY Policy Impact Team.	<ul style="list-style-type: none"> DSHS, partners and providers will have consistent messaging with the most current data for educating their communities on the dangers of alcohol and other drugs. Monitor alcohol policy and implementation of policy to reduce youth access and availability. 	<ul style="list-style-type: none"> The Start Talking Now (STN) homepage includes tips on talking with kids and is available in multiple languages. County-specific fact sheets on www.askHYS.net have been updated with 2014 HYS information. A new video for parents with prevention tips from a pediatrician was posted to the www.Starttalkingnow.org webpage 1.29.15 Whitepaper on powdered alcohol was produced and distributed. 	Ongoing July 2015-2017





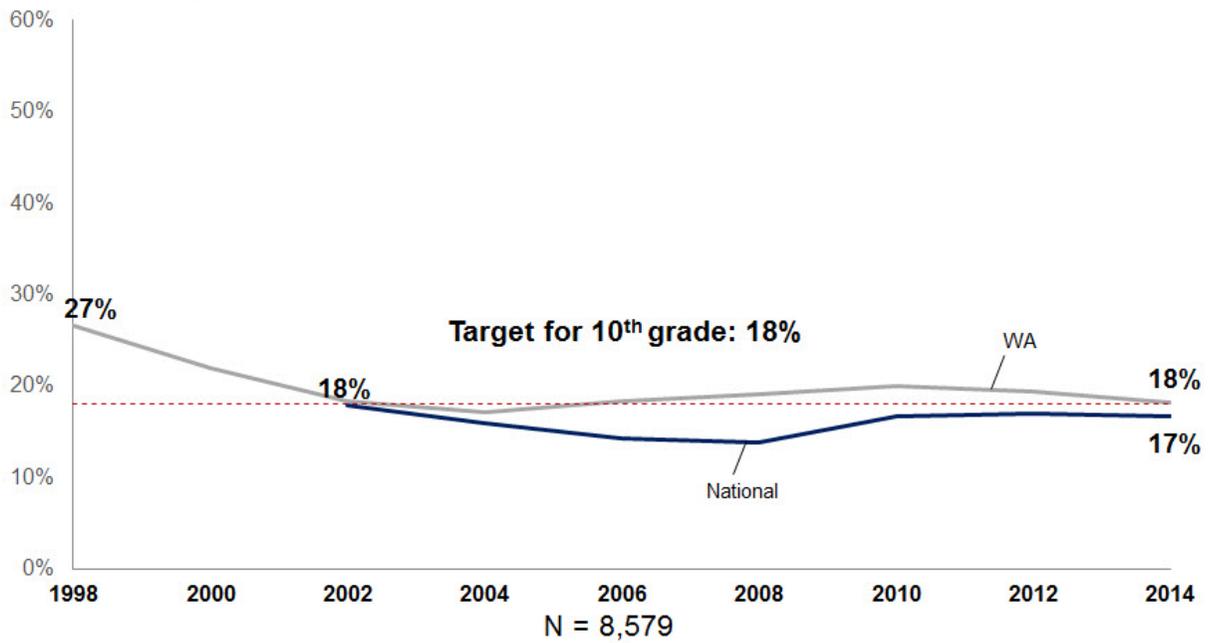
1.2.Y.e: Contain the percentage of 10th graders who report using marijuana in the past 30 days at 18% from January 2015 to July 2017



Current State: 18% of WA 10th Graders Have Used Marijuana/Hashish during the Past 30 Days

This is above the national average of 17%

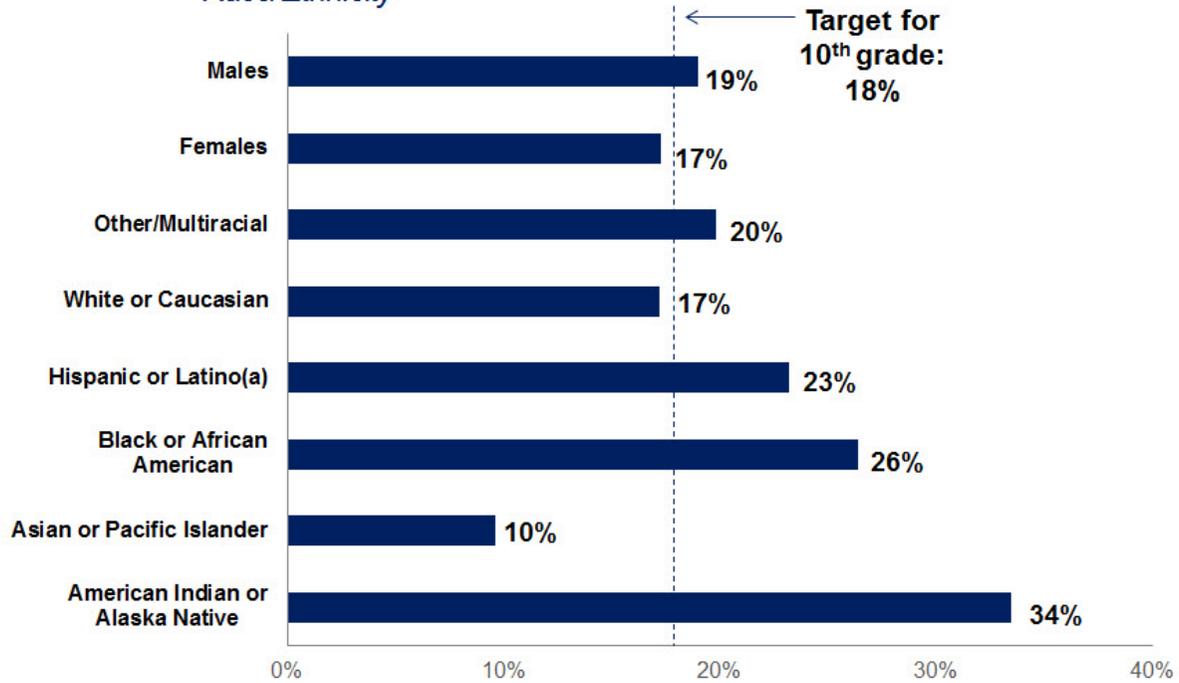
This is at the target of 18%



Sources: WSSAHB 1998 (spring), 2000 (fall); Washington Healthy Youth Survey (HYS)- 2002, 2004, 2006, 2008, 2010, 2012, 2014; Monitoring the Future (MTF)- 2002-2014.

[Explore the data above \(click here\)](#)

Current State: Metric: Marijuana Use: 10th Graders, Past 30 Days – by Gender and Race/Ethnicity

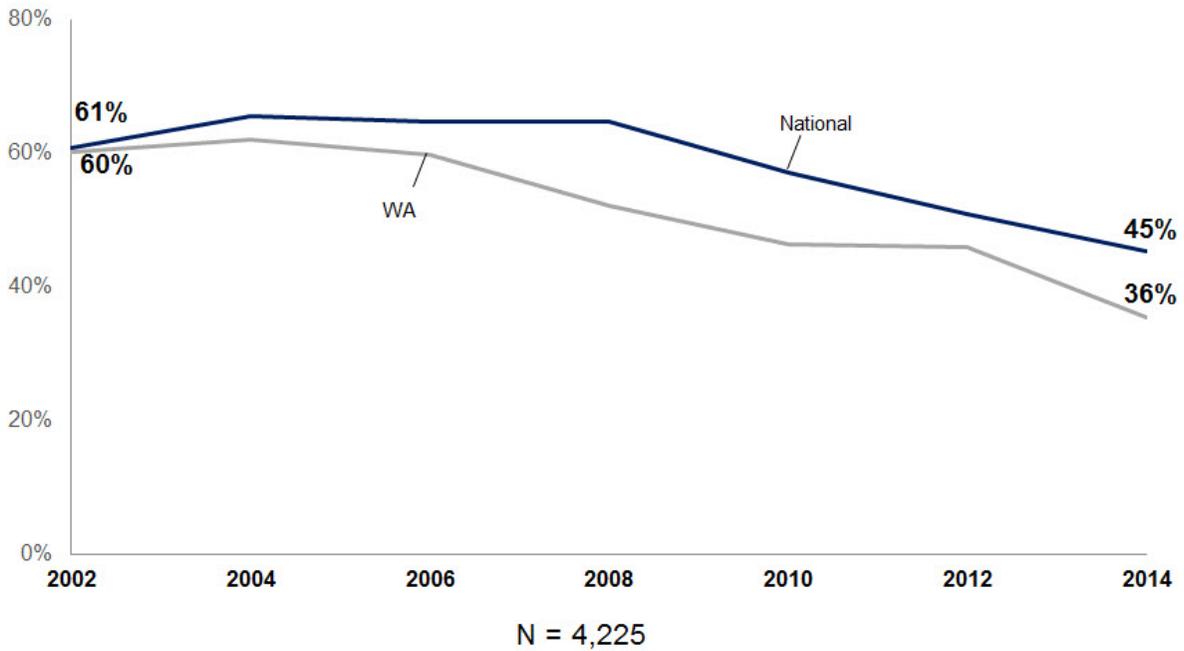


Source: Washington Healthy Youth Survey - 2014.

[Explore the data above \(click here\)](#)

Current State: Risk of Harm from Marijuana Use

*Regular use has "great risk".



Note: Includes responses where using marijuana regularly has "great risk." * In 2014 the question about marijuana changed from "smoke" to "use."

Source: WSSAHB 1998 (spring), 2000 (fall); Washington Healthy Youth Survey (HYS)- 2002, 2004, 2006, 2008, 2010, 2012, 2014; Monitoring the Future (MTF) - 2002-2014.

[Explore the data above \(click here\)](#)

Current State: 10th Grade Level of Marijuana Use



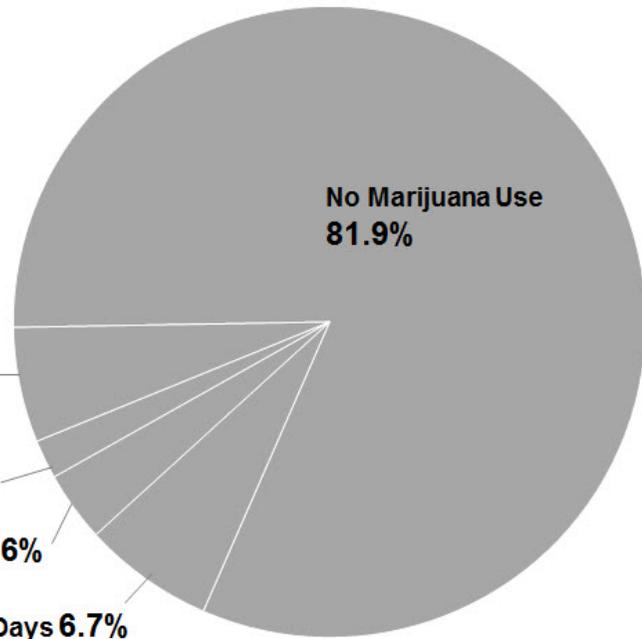
Among 10th graders who used marijuana in the past 30 days, almost 1 in 3 used for 10 or more days

10 or More Days 5.9%

6-9 Days 2.0%

3-5 Days 3.6%

1-2 Days 6.7%



N= 8,579

Source: Washington State Healthy Youth Survey – 2014.

[Explore the data above \(click here\)](#)



Customer Focus: Reaching Diverse Communities in Washington: The Squaxin Island Tribe

- **Morningstar Green**, Indian Child Welfare Case Aid, Squaxin Island Tribe
- **Josh Lopez**, Vice Chairman, Squaxin Island Tribe Youth Council

Youth Council Leadership Campaign to:

- Reduce Access
- Create Awareness
- Foster Community Engagement



**PROTECT OUR MINDS, OUR LIVES
OUR INNOCENTS! LOCK IT UP!**

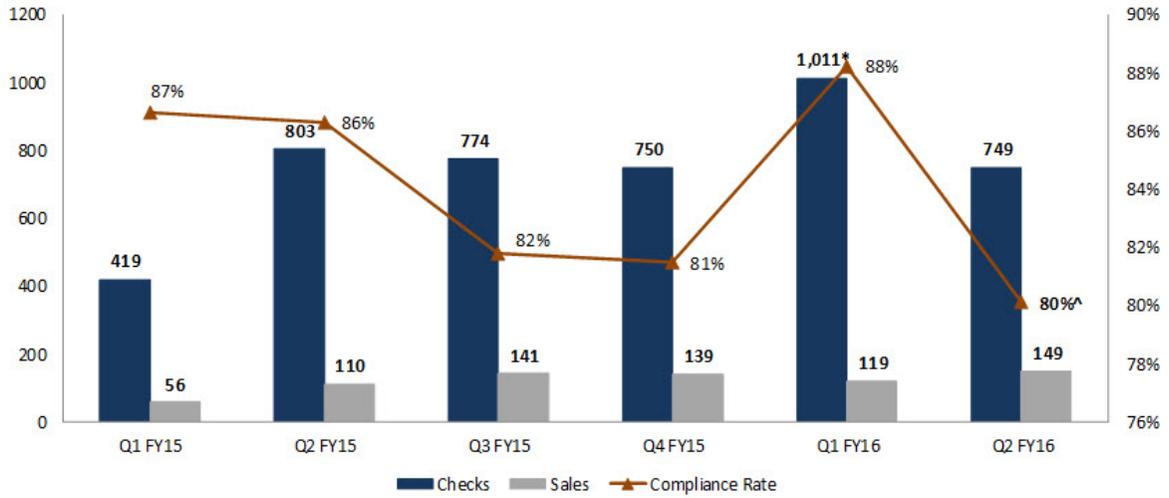
1.2.Y.e: Contain the percentage of 10th graders who report using marijuana in the past 30 days at 18% from January 2015 to July 2017

Detailed Action Plan

Task	Task Lead	Partners	Expected Outcome	Status	Due Date
Community Prevention and Wellness Initiative—Community Coalitions	Julia Havens	OSPI, Counties, ESDs, Local Contracting Agencies, Coalitions	Reduce Risk Factors and Increase Protective Factors associated with Underage Drinking.	<ul style="list-style-type: none"> • 15,118 individuals received prevention services statewide. • 87.8% participants of Evidence Based Programs. 	Ongoing July 2015-2017
Evidence Based Prevention Programs and Practices	Julia Havens	OSPI, DOH, LCB, WSIPP, UW, WSU	As per I-502: <ul style="list-style-type: none"> • 85% of funds must be for evidence-based or research-based programs that produce objectively measurable results, and by September 1, 2020, are cost-beneficial. • 15% of funds may be directed to proven and tested practices, emerging best practices or promising practices. 	<ul style="list-style-type: none"> • A list of approved programs for Evidence Based, Research Based, and Promising Programs was presented in November 2015. • DBHR consistently consults with UW, WSU, and WSIPP 	Ongoing July 2015-2017
Programs and Strategies in Tribal Communities	Lucy Mendoza	OIP, Tribes	Increase mobilization Adapt Evidence Based Prevention Programs and Practices to address the unique needs of each tribe to influence the following:	<ul style="list-style-type: none"> • 76 community-wide program implemented • 22 Direct Service Programs implemented • 23 Tribal -7.01 plans completed • 10 Tribes are using DMA funds for their prevention programming. 	Ongoing July 2015-2017

Detailed Action Plan

Task	Task Lead	Partners	Expected Outcome	Status	Due Date
Washington Healthy Youth Coalition (WHY):	Deb Schnellman	LCB, AG, DOH, WHY Communication's Impact Team and WHY Policy Impact Team.	<ul style="list-style-type: none"> Public education and awareness efforts for middle school aged youth and parents of those youth. Marijuana policy work to provide information and partnership in prevention statewide. 	<ul style="list-style-type: none"> A marijuana prevention toolkit has been developed and widely distributed. Start Talking Now reached 73,053 hits in January-February 2016. White paper providing information on edible and infused marijuana products was created and distributed. 	Ongoing July 2015-2017
Implementing I-502- DSHS (2E2SHB 2136)	Sarah Mariani	OSPI, DOH, LCB, WSIPP, UW, WSU, DEL, RA, OIP, DEL	Reduce Risk Factors and Increase Protective Factors associated with youth use of marijuana	<ul style="list-style-type: none"> 48 CPWI Coalitions fully funded 5 New CPWI Coalitions 24 Community Based Organizations granted 25 Schools Implementing LifeSkills Training 9 New Prevention Intervention Specialists Healthy Youth Survey/Young Adult Survey WSIPP/UW Program Analysis Training funds for EBPs/RBPs 10 new Tribal Programs 	June 30, 2016



FY 13	Compliance Checks	3461	Sales	504	Compliance Rate	86%
FY 14	Compliance Checks	2588	Sales	379	Compliance Rate	85%
FY 15	Compliance Checks	2746	Sales	446	Compliance Rate	84%

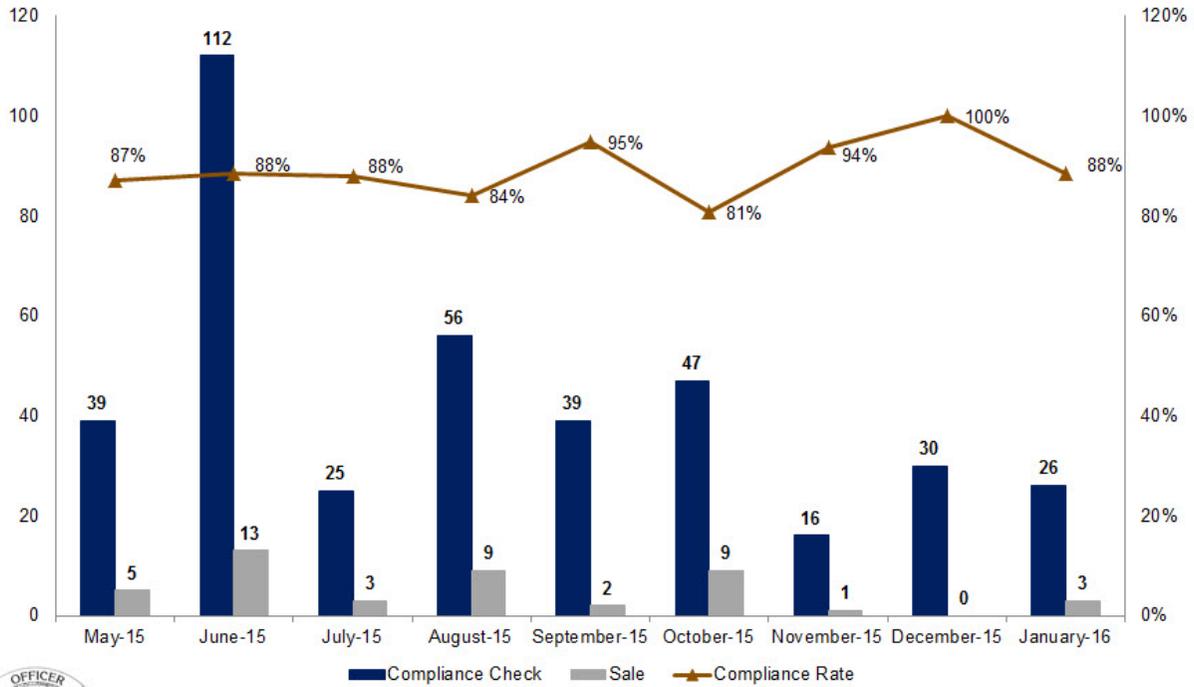


* Partnership program with Olympia PD increased compliance checks.

^ Officers did random checks for 60 days. Compliance rate dropped during this time period.

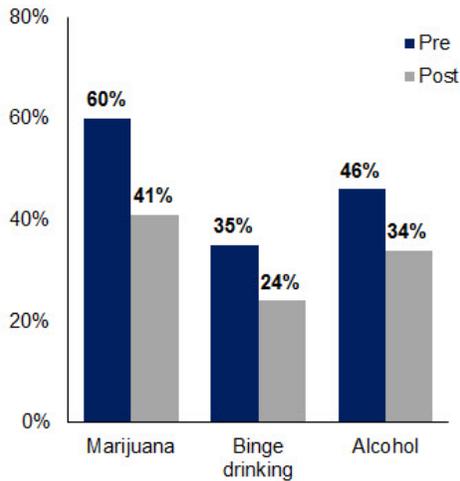
[Explore the data above \(click here\)](#)

Marijuana Compliance Checks

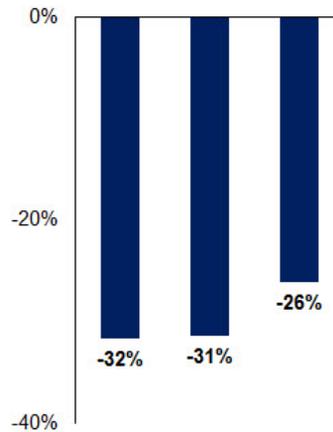


Office of Superintendent of Public Instruction: Student Assistance Program

Krissy Johnson,
Student Assistance Program Supervisor
Dixie Grunenfelder,
Director of Secondary Education



Percent Using in Past 30 Days



Percent Change in Users

Note. Includes only students with substance use goal. n = 675-678.

Invitation to the Goal Council:

- Continue to support or join the **Washington Healthy Youth Coalition (WHY)** and the **State Prevention Enhancement Policy Consortium (SPE)**. Promote statewide prevention messaging available at: www.starttalkingnow.com
- Become familiar with Community Prevention and Wellness Initiative (CPWI) Coalitions, Tribal Partners, Community Based Organizations, and others providing prevention programming. Join your coalition! www.theathenaforum.org
- Please continue to devote resources to prevention efforts and services

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For more current information see our updated Action Trackers for [1.2.Y.e](#) and [1.2.Y.f](#)

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