



1.2.Y.g: Increase percentage of outpatient chemical dependency treatment retention in youth from a state fiscal year 2013 average

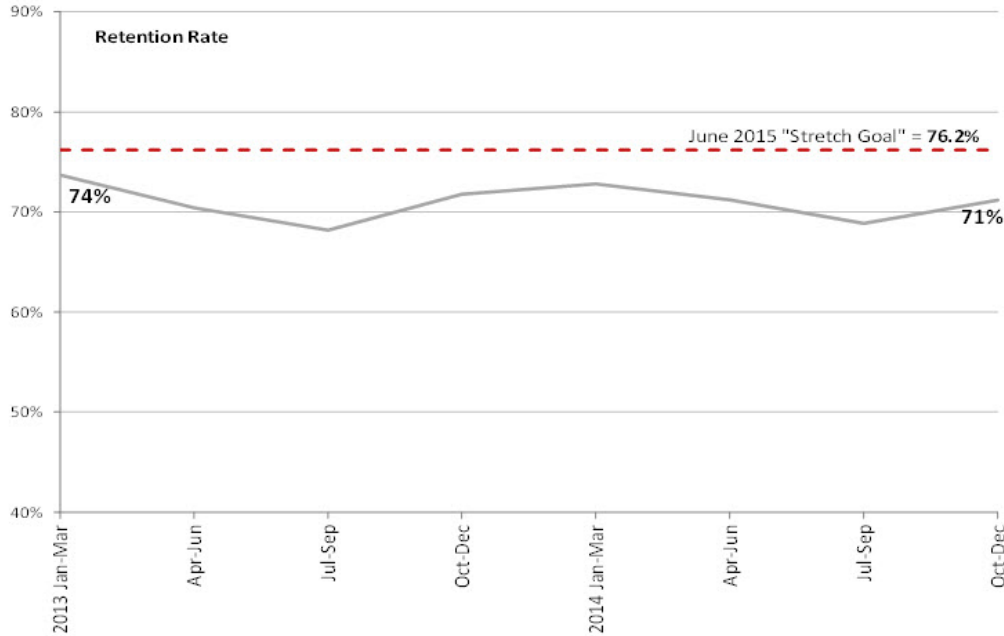
67.0% to 76.2% by 9/30/15

1.2.Y.G. Youth Retention

Background

- Treatment retention equals 1 visit every 30 days for 90 days, or a length of stay of less than 90 days, with treatment completion.
- Research indicates that remaining in Substance Use Disorder (SUD) treatment for at least 90 days is associated with positive outcomes, such as reduction in substance use and criminal justice involvement.
- Counties retention rates varied and a state “stretch” goal was set at 76.2%.

Current State



- The retention rate among persons ages 17 and younger in outpatient SUD treatment has **declined** over the past 2 years
- Washington ranks 10th nationally for retention – length of stay > 90 days
- 90 additional youth retained in treatment would result in our goal being met

NOTE: This measure only includes admissions that occurred at least 90 days before the most current date. The most recent data in the system includes records through March 2015, but this measure only includes admission data through December 2014, so all clients have a chance to be in treatment for at least 90 days. Percentages are based on 6-month rolling averages.

N of OP treatment admissions from July – December 2014 = 1,762
 N retained in OP treatment from July – December 2014 = 1,254

1.2.Y.G. Youth Retention

Current State

Race	Admissions	Retained	% Retained
African American	153	104	67.97%
Asian	23	18	78.26%
Multiracial	112	78	69.64%
Native American	87	47	54.02%
Other	393	293	74.55%
Pacific Islander	21	14	66.67%
Unknown	6	5	83.33%
White	967	695	71.87%
Total	1,762	1,254	71.17%

Gender	Admissions	Retained	% Retained
Female	610	421	69.02%
Male	1,152	833	72.31%

Hispanic Origin	Admissions	Retained	% Retained
Not Hispanic	1,125	794	70.58%
Unknown	14	10	71.43%
Hispanic	623	450	72.23%

Problem/Opportunity

- Youth not retained in treatment services
- Treatment system can be difficult to navigate
- External vs. Internal motivation
- Lack of transportation
- Limited funding for client support services

April 2014-June 2015

Cowlitz
Island
Lewis
Okanogan
Pacific
Pierce
Skagit
Spokane
Walla Walla
Chelan-Douglas
Thurston-Mason

DBHR is committed to working with County Governments to improve retention rates of publically funded clients in youth outpatient substance use disorder (SUD) treatment.

- Performance-Based Contracts measure county retention
- 11 counties were issued a Performance Improvement Plan (PIP)
- As of June 2015, 2 PIPs remain

1.2.Y.G. Youth Retention

Strategies

- Continue using Performance-Based Contracting to improve retention in youth outpatient
 - 1 of 4 starter performance measures for 2016 BHO contracts
- Add technical assistance tools for use by providers
 - University of Washington Alcohol and Drug Abuse Institute (ADAI) Retention Toolkit
- Educate parents/caregivers on resources, treatment options, and how to communicate effectively with youth
 - A Guide for Parents: Answers to Frequently Asked Questions

Retention Action Plan

Task	Task Lead	Partners	Expected Outcome	Status	Due Date
Update DBHR youth resource guides	Amy Martin	Counties Treatment Providers	Parents/caregivers refer to resource guide for treatment assistance	Completed; updates as needed	April 2014
Direct providers to the 'Family Involvement' section of the Retention Toolkit developed by the University of Washington Alcohol and Drug Abuse Institute (ADAI)	Amy Martin	ADAI	Increased family member participation in youth treatment	Completed	December 2014
Develop and maintain Retention Toolkit	Jason Bean- Mortinson/Amy Martin	ADAI	Providers have access to a tool to reduce barriers for treatment retention and help meet county retention goals	Completed	December 2014
Create and implement Quality Improvement Collaborative	Jason Bean- Mortinson/Amy Martin	ADAI and Brandeis University	Foster co-learning and sharing of information as 24 participating agencies plan and implement a project from the Retention Toolkit to improve treatment engagement and retention	On track	December 2015

1.2.Y.G. Youth Retention

Assistance Needed

- Continued partnerships with OSPI related to youth substance use
- Treatment providers and schools support one another
- All agencies who work with families – encourage family participation in treatment

W UNIVERSITY of WASHINGTON

ADAI | ALCOHOL & DRUG ABUSE INSTITUTE



Research **Dissemination** **Collaboration**

Sandra M. Radin, Ph.D. Research Scientist

<http://adai.uw.edu/retentiontoolkit/>

<http://adai.uw.edu/retentiontoolkit/>

For more current information see our updated [Action Trackers](#).

[Contact Us](#) [Comment Policy](#) [Give Us Your Feedback](#) [Legislative Reports](#) [Apply Lean](#)

[Foster Performance Audits](#) [Measure Results](#) [Gov. Inslee's New Strategic Framework](#)

[Video Message from the Governor](#) [Printable Trifold about Results Washington](#)



Powered By 