1.1.c: Decrease the Primary Term Single Vertex (TSV) C-Section cesarean section rate from 15.4% to 14.76% by 2016 - Supplemental information

Reported on: November 16, 2015

**Background: What Is A Primary TSV Cesarean Birth and Why Is Reducing Them Important?**

**Definition**
- Primary TSV definition — first C-section for mother. The baby is full term, singleton (non-multiple), in the head down position.

**Background**
- Approximately 87,000 births occur each year in Washington
- Significant variations exist in the care provided
- Many factors contribute to the current use of C-sections, some of which are more amenable to change than others.
- Those C-sections associated with non-medically indicated induction of labor between 37-39 weeks are, in particular, associated with poorer neonatal outcomes.

**Importance**
- Reducing medically unnecessary TSV C-Sections will result in improved maternal and neonatal outcomes.
Current State: Target Achieved!

Status and Context

Target for Results WA = 14.7%
State Rate: 14.5%
Medicaid Rate: 12.8%
UMP Rate: 12.0%

Opportunity: Continue Quality Improvement and Monitor

- Quality Improvement
- Decrease Variation
**Strategies:** What strategies are you working on to address the root cause of your problem?

- Publicly reporting statewide, hospital-specific C-section rates
- Requiring Medicaid Managed Care Organizations to undertake coordinated and specific QI efforts to reduce unnecessary C-sections in their contracted hospitals and provider networks
- Disseminating a compendium of evidence-based best practices with respect to OB care and delivery
- Partnering with OB COAP on the PEBB ACP Contracts
- Partnering with DOH in support of WSHA’s Safe Deliveries Roadmap Initiative

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**Detailed Action Plan:**

<table>
<thead>
<tr>
<th>Task</th>
<th>Task Lead</th>
<th>Partners</th>
<th>Expected Outcome</th>
<th>Status</th>
<th>Due Date</th>
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</thead>
<tbody>
<tr>
<td>PEBB Accountable Care Program (ACP) contracts requires participation in OB COAP.</td>
<td>Dan Lessler</td>
<td>OB COAP, Puget Sound High Value Network, UW Medicine Accountable Care Network</td>
<td>Support OB COAP as a statewide, data driven, QI model through increase participation from 13 to &gt; 21 hospitals.</td>
<td>In-Progress</td>
<td>2016</td>
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<td>Collaborate with public/private partners, Foundations for Health Care Quality and WSHA Safe Deliveries roadmap activities.</td>
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<td>Maintain biannual statewide feedback reports for hospitals through coordination with DOH.</td>
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