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# 1.1.c: Decrease the Primary Term Single Vertex (TSV) C-Section cesarean section rate from 15.4% to 14.76% by 2016 - Supplemental information

Reported on: November 16, 2015

# **Background**: What Is A Primary TSV Cesarean Birth and Why Is Reducing Them Important?



#### Definition

 Primary TSV definition – first C-section for mother. The baby is full term, singleton (non-multiple), in the head down position.

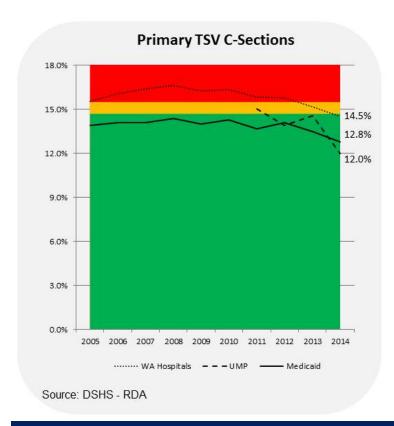
#### Background

- Approximately 87,000 births occur each year in Washington
- Significant variations exist in the care provided
- Many factors contribute to the current use of C-sections, some of which are more amendable to change than others.
- Those C-sections associated with nonmedically indicated induction of labor between 37-39 weeks are, in particular, associated with poorer neonatal outcomes.

#### Importance

 Reducing medically unnecessary TSV C-Sections will result in improved maternal and neonatal outcomes.

### Current State: Target Achieved!



#### **Status and Context**

Target for Results WA = 14.7%

State Rate: 14.5%

Medicaid Rate: 12.8%

UMP Rate: 12.0%

## Opportunity: Continue Quality Improvement and Monitor



- Quality Improvement
- Decrease Variation

# **Strategies**: What strategies are you working on to address the root cause of your problem?



- Publicly reporting statewide, hospitalspecific C-section rates
- Requiring Medicaid Managed Care
  Organizations to undertake coordinated and
  specific QI efforts to reduce unnecessary C sections in their contracted hospitals and
  provider networks
- Disseminating a compendium of evidencebased best practices with respect to OB care and delivery
- Partnering with OB COAP on the PEBB ACP Contracts
- Partnering with DOH in support of WSHA's Safe Deliveries Roadmap Initiative

### **Detailed Action Plan:**

Task	Task Lead	Partners	Expected Outcome	Status	Due Date
PEBB Accountable Care Program (ACP) contracts requires participation in OB COAP.	Dan Lessler	OB COAP, Puget Sound High Value Network, UW Medicine Accountable Care Network	Support OB COAP as a statewide, data driven, QI model through increase participation from 13 to > 21 hospitals.	In- Progress	2016
Collaborate with public/private partners, Foundations for Health Care Quality and WSHA Safe Deliveries roadmap activities.				Continuous	
Maintain biannual statewide feedback reports for hospitals through coordination with DOH.				Continuous	

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